

# Medication Safety



## MEDICATION SAFETY

### Preventing Medication Errors

To ensure the proper use of your medication and for your safety, follow the list below for recommendation from the American Society of Health-System Pharmacists (ASHP):

- Write down your medicine and show your doctor.
- Remember the names of all the drugs that you use or keep a list with you at all times, in case of an emergency.
- If you take your medicine **differently** than what was prescribed, tell your doctor.
- If you are **not** sure how to use your medicine, please tell your doctor and/or your pharmacist.
- Tell your doctor what you do understand about your medicine.
- You can always ask your pharmacist questions about your medicine.



For more information on drug safety, go to the American Society of Health-System Pharmacists® website at <http://www.safemedication.com/>

# Drug Poisoning



## Warnings: To Prevent Drug Poisoning

Parent, caregiver, and grandparent here are some things you can do at home to prevent accidental poisonings:

- Mixing things with your child's medicine can make them sick.
- Do not take medicine around children.
- Telling your child medicine is **candy** can teach a child to eat it like **candy** when you are **not** around.
- Use bottles children cannot open.
- Turn on lights when taking medicine.
- Use the date on the bottle to know when to throw away your medicine, if no dates after six months throw away.
- Put old medicines in a bag before throwing away, if not pets and kids get in it and get sick.
- Keep vitamins out of the way of little children.



**In case of accidental poisoning, **IMMEDIATELY** call the national phone number for poison control centers at 1-800-222-1222 (for humans and animals).**

Call this number 24 hours a day, 7 days a week to talk to a poison expert. Call right away if you have a poison emergency. Also, call if you have a question about a poison or about poison prevention. For more information on drug poisoning, go to the American Association of Poison Control Centers website at [www.aapcc.org](http://www.aapcc.org).

# Traveling with Medications



When flying, keep your medicines with you so that you can get to them on the plane and they will not get lost with your baggage.

More helpful hints:

- Diabetics with syringes may need to have a prescription of their medicine in order to carry them on the airplane.
- If you travel to another time zone, talk to your doctor about what time to take your medicine so that you will not take too much or too little.
- If you visit a hot place, please be sure to put your medicines in a cool dry place out of the sun.



For more information on traveling with your medicines or if you have other questions, please talk to your doctor or pharmacist. For additional information, go to websites:

- Educate Before You Medicate at [www.talkaboutrx.org](http://www.talkaboutrx.org)
- US Food and Drug Association (FDA) at [www.fda.gov](http://www.fda.gov)