



Periodicity of Dental Services for Children				
Service	0-12 mos.	13-24 mos.	2-6 yrs.	7-20 yrs.
Oral Exam	x	x	x	x
Fluoride Supplements	x	x	x	x
Fluoride Varnish	x	x	x	
Cleaning with Fluoride		x	x	x
Sealants (permanent teeth)				x
X-Rays			x	x
Oral Hygiene Instructions	x	x	x	x
Dental Treatment	x	x	x	x

What To Do For Your Child’s Smile!

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

Insurance Information

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

HMO Contact Information

HMO	Member Services Phone #	Website Address
UnitedHealthcare Community Plan (UHCCP)	1-800-941-4647	www.uhccommunityplan.com

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



*A LIST OF DENTISTS WHO CAN SEE YOUR YOUNG CHILDREN APPEARS ON THE FOLLOWING PAGE

General Dentistry

Azita Emami, DMD

20 N Finley Ave
Basking Ridge, NJ 07920
(908) 696-1588

Vitaly Friedman, DDS

413 King George Rd Ste 201
Basking Ridge, NJ 07920
(908) 604-5959

Mehrangiz Mary Rostami, DDS

20 N Finley Ave
Basking Ridge, NJ 07920
(908) 696-1588

Atalinder S Bindra, DDS

209 E Union Ave
Bound Brook, NJ 08805
(732) 748-3384

Sandeep Kaur, DDS

1260 State Route 28 Ste 7
Branchburg, NJ 08876
(908) 255-4794

Ming Ding, DMD

477 Union Ave
Bridgewater, NJ 08807
(908) 627-6498

Ruchika Verma, DDS

720 US Highway 202/206 Ste 6
Bridgewater, NJ 08807
(908) 393-6929

Nelson Guanche, DDS

255 N Main St
Manville, NJ 08835
(908) 526-2224

Gabriel Lerman, DMD

255 N Main St
Manville, NJ 08835
(908) 526-2224

Nicole M Rocha, DDS

255 N Main St
Manville, NJ 08835
(908) 526-2224

Samuel V Meghadri, DDS

820 US Highway 202
Neshanic Station, NJ 08853
(908) 782-4418

Melanie Hunt, DMD

65 Highland Ave
Peapack, NJ 07977
(908) 234-0011

Joseph Maggio, DMD

65 Highland Ave
Peapack, NJ 07977
(908) 234-0011

Loay Shadid, DDS

13 Wall St
Raritan, NJ 08869
(908) 725-3451

Naved S Syed Hussain, DMD

1543 State Route 27 Ste 22
Somerset, NJ 08873
(732) 418-5000

Milad S Issa, DDS

1303 State Route 27 Ste 4
Somerset, NJ 08873
(732) 354-0707

Jina N Kandas, DDS

1303 State Route 27 Ste 4
Somerset, NJ 08873
(732) 354-0707

Mita A Shah, DDS

1707 State Route 27
Somerset, NJ 08873
(732) 745-9898

Nwando S Udom, DDS

84 Veronica Ave Ste B1017
Somerset, NJ 08873
(732) 210-0505

Suman Chennadi, DMD

15 N Bridge St
Somerville, NJ 08876
(908) 725-0400

Samuel V Meghadri, DDS

15 N Bridge St
Somerville, NJ 08876
(908) 725-0400

Kavitha Narla, DMD

1 E High St
Somerville, NJ 08876
(908) 722-1212