

## Important Plan Information

**Starting July 1, 2018**, you will be able to get Harm Reduction Services as part of your Wellness4Me benefit package. Harm Reduction Services will offer a complete patient-oriented approach to the health and wellness of substance users. UnitedHealthcare's Wellness4Me Plan will cover harm reduction services that are recommended by a physician or other licensed professional.

### **More Medicaid covered services.**

Beginning July 1, 2018, UnitedHealthcare's Wellness4Me Plan will cover Harm Reduction Services like:

- A plan of care developed by a person experienced in working with substance users.
- Individual supportive counseling that assists in achieving your goals.
- Group supportive counseling in a safe space to talk with others about issues that affect your health and well-being.
- Counseling to help you with taking your prescribed medication and continuing treatment.
- Support groups to help you better understand substance use and identify coping techniques and skills that will work for you.

If you are currently receiving harm reduction services from a provider, your care will not change; you can still go to the same provider to receive these services.

### **UnitedHealthcare Community Plan is here for you.**

Please call Member Services at **1-866-433-3413, TTY 711**, 24 hours, 7 days per week, if you:

- Have any questions about this information;
- Cannot access the internet to view this update; or
- Want to have this update mailed to you.

Keep this benefit update with your Member Handbook.