

UnitedHealthcare Clinical Practice Guidelines

UnitedHealthcare has identified evidence-based clinical guidelines as a reference to guide our quality and health management programs. The following table lists the clinical guidelines and the websites where they can be found.

Medical Technology Assessment Committee Approval Status – May 2013

Provider Advisory Committee Approval – September 2013

National Medical Care Management Committee Approval Status – June 2013

National Quality Management Oversight Committee Approval – July 2013

| | Topic | Name of Guideline | Organization/Web Address | Summary of Changes from Previous Version | Medical Technology Assessment Committee Approval Status | National Medical Care Management Committee Approval Status |
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| 1. | Acute Myocardial Infarction <i>with</i> ST Elevation | 2013 ACC/AHA Guidelines for the Management of ST-Elevation Myocardial Infarction | American College of Cardiology Foundation/American Heart Association: http://content.onlinejacc.org/data/Journals/JAC/926277/11019.pdf | Complete guideline update The updated guidelines focus on clinical decision making at all stages. It places particular emphasis on advances in reperfusion therapy, organization of regional systems of care, transfer algorithms, evidence-based antithrombotic and medical therapies and secondary prevention strategies to optimize patient-centered care. By design, the document is narrower in scope than the 2004 guideline, in an attempt to provide a more focused tool for practitioners. | Approved May 2013 | Approved June 2013 |
| 2. | Acute Myocardial Infarction <i>without</i> ST Elevation | 2012 Focused Update: ACC/AHA Guidelines for the Management of Patients with Unstable Angina/Non-ST-Elevation Myocardial Infarction (Updating the 2007 Guideline). | American College of Cardiology Foundation/American Heart Association: http://content.onlinejacc.org/data/Journals/JAC/24742/06004.pdf | 2012 focused update This release updates sections of the original 2007 guideline and replaces the 2011 Focused Update. Summary of changes: | Approved May 2013 | Approved June 2013 |

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| | | | | <ul style="list-style-type: none"> • Updated level of evidence to reflect current evidence base • Continue to recommend that all patients receive aspirin immediately after hospitalization, and continue as long as it is tolerated. • All patients at medium or high-risk should receive dual antiplatelet medications on admission. • After PCI, it is reasonable to use 81 mg per day of aspirin in preference to higher maintenance doses. • In hospitalized patients, it is reasonable to use an insulin-based regimen to achieve and maintain glucose levels <180 mg/dL while avoiding hypoglycemia. • An invasive strategy is reasonable in patients with mild (stage 2) and moderate (stage 3) chronic kidney disease (CKD). There is insufficient data on the benefits and risks of invasive strategy in patients with more advanced (stages 4 and 5) CKD. • It is reasonable to proceed with cardiac catheterization and possible revascularization within 12 | | |

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| | | | | <p>to 24 hours of admission in initially stabilized high-risk patients.</p> <ul style="list-style-type: none"> • Platelet function testing or genotyping testing for CYP2C19 loss of function allele may be considered in select patients who are using P2Y12 receptor inhibitors and when the results of testing may alter management. • Recommends consideration of prasugrel and ticagrelor (approved by the FDA in 2011) as a treatment option in addition to clopidogrel. • Clinicians and hospitals are encouraged to participate in a standardized quality-of-care data registry designed to track and measure outcomes, complications and adherence to evidence-based recommendations. | | |
| 3. | Asthma | 2007 National Asthma Education and Prevention Program Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma | National Heart, Lung and Blood Institute: www.nhlbi.nih.gov/guidelines/asthma/index.htm | 04/09/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 4. | Attention Deficit Hyperactivity Disorder (ADHD) | 2007 Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention Deficit Hyperactivity Disorder | American Academy of Child and Adolescent Psychiatry: http://www.aacap.org/galleries/PracticeParameters/JAACAP_ADHD_2007.pdf | 04/09/13: No content change from previous version. Updated link. | Approved May 2013 | Approved June 2013 |

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| 5. | Autism Spectrum Disorders | UHC Utilization Review Guidelines – Autism Spectrum Disorders | <p>Internal (Knowledge Library): http://kl/Content/Guidelines%20&%20Clinical%20Policies/Utilization%20Review%20Guidelines/Internal%20and%20External/Autism%20Spectrum%20Disorder_URG.doc</p> <p>External (UnitedHealthcareOnline.com): https://www.unitedhealthcareonline.com/ccmcontent/ProviderII/UHC/en-US/Assets/ProviderStaticFiles/ProviderStaticFilesPdf/Tools%20and%20Resources/Policies%20and%20Protocols/Medical%20Policies/Medical%20Policies/Autism_Spectrum_Disorder_URG.pdf</p> | | Approved August 2012 | Approved September 2012 |
| 6. | Bariatric Surgery | Bariatric Resource Service Clinical Job Aids | | Approval requested by OptumHealth | Approved March 2012 | Approved March 2012 |
| | | <ul style="list-style-type: none"> Laparoscopic Biliopancreatic Diversion with Duodenal Switch (BPD-DS) Laparoscopic Roux-en-Y Gastric Bypass Procedure (LRYGBP) | | | Approved April 2012 | Approved May 2012 |
| | | <ul style="list-style-type: none"> Laparoscopic Sleeve Gastrectomy (LSG) Laparoscopic Adjustable Gastric Banding (LAGB) Bariatric Conversion Procedures | | | Approved April 2013 | Approved May 2013 |
| 7. | Bipolar Disorder: Adults | Guideline Watch (November 2005): Practice Guideline for the Treatment of Patients with Bipolar Disorder, 2nd Edition | American Psychiatric Association http://psychiatryonline.org/data/Books/prac/Bipolar_watch.pdf | 04/09/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |

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| 8. | Bipolar Disorder: Children & Adolescents | 2007 Practice Parameter for the Assessment and Treatment of Children and Adolescents With Bipolar Disorder | American Academy of Child and Adolescent Psychiatry: http://www.aacap.org/galleries/PracticeParameters/JAACAP_Bipolar_2007.pdf | 04/09/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 9. | Breast Pumps | UHC Utilization Review Guidelines – Breast Pump | Internal (Knowledge Library): http://kl/Content/Guidelines%20&%20Clinical%20Policies/Utilization%20Review%20Guidelines/Internal%20and%20External/Breast%20pump%20URG.doc External (UnitedHealthcareOnline.com): https://www.unitedhealthcareonline.com/ccmcontent/Provider/UHC/en-US/Assets/ProviderStaticFiles/ProviderStaticFilesPdf/Tools%20and%20Resources/Policies%20and%20Protocols/Medical%20Policies/Medical%20Policies/Breast_Pump_URG.pdf | | Approved November 2012 | Approved November 2012 |
| 10. | Cardiology: CareCore Evidence Based Guidelines | Physician Guidelines: Current Evidence-Based Recommendations Regarding Cardiology | Available on unitedhealthcareonline.com (externally) at: https://www.unitedhealthcareonline.com/ccmcontent/Provider/UHC/en-US/Assets/ProviderStaticFiles/ProviderStaticFilesPdf/Clinician%20Resources/Cardiac/UnitedHealthcare_Cardiology_Notification_Program_Clinical_Criteria_2011.pdf | Approval requested by Cardiology Line of Service | Approved May 2013 | Approved June 2013 |

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| 11. | Cardiovascular Disease: Prevention in Women | Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women 2011 Update: A Guideline from the American Heart Association | American Heart Association: http://circ.ahajournals.org/content/123/11/1243.full.pdf | 04/09/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 12. | Cardiovascular Disease: Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease | 2011 AHA/ACC Guidelines for Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease | American College of Cardiology/American Heart Association: http://circ.ahajournals.org/content/124/22/2458.full | 04/09/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 13. | Cervical Cancer Screening | ACOG Practice Bulletin #109 Cervical Cytology Screening | American College of Obstetricians and Gynecologists Note: This guideline is not publically available; a user ID and password are required to access the document via: http://www.acog.org/Resources_And_Publications Alternative site: http://www.guideline.gov/content.aspx?id=38572 | 8/31/12: No content change from previous version. Approval requested by Community and State for all customers. To be posted on the C&S portal only. | Approved September 2012 | |
| 14. | Chemotherapy Observation or Inpatient Hospitalization | UHC Utilization Review Guidelines – Chemotherapy Observation or Inpatient Hospitalization | Internal (Knowledge Library): http://kl/Content/Guidelines%20&%20Clinical%20Policies/Utilization%20Review%20Guidelines/Internal%20and%20External/Chemo%20Observation_URG.doc External (UnitedHealthcareOnline.com): | | Approved May 2013 | Approved June 2013 |

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| | | | https://www.unitedhealthcareonline.com/ccmcontent/ProviderIUHC/en-US/Assets/ProviderStaticFiles/ProviderStaticFilesPdf/Tools%20and%20Resources/Policies%20and%20Protocols/Medical%20Policies/Medical%20Policies/Chemotherapy_Observ and Inpatient Hosp_URG.pdf | | | |
| 15. | Cholesterol Management | 2004 Third Report of the Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) | National Heart, Lung and Blood Institute: http://www.nhlbi.nih.gov/guidelines/cholesterol/index.htm | 03/22/13: No content change from previous version. Update in development. | Approved May 2013 | Approved June 2013 |
| 16. | Chronic Obstructive Lung Disease | 2013 Global Initiative for Chronic Obstructive Lung Disease | Global Initiative for Chronic Obstructive Lung Disease (GOLD) http://www.goldcopd.com | 2013 Update <u>Press release</u> http://www.goldcopd.org/uploads/users/files/ReportPressRelease_Final.pdf http://www.goldcopd.org/uploads/users/files/GOLD_Report_2013_Feb20.pdf Summary of changes: <ul style="list-style-type: none"> • Addition of Clinical COPD Questionnaire (CCQ) • Addition of Palliative Care, End-of-life Care, and Hospice Care document with explanations. • New chapter on therapeutic approaches of Tx of COPD • Revised description of exacerbation of COPD • Clarification statement regarding long term use of | Approved May 2013 | Approved June 2013 |

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| | | | | corticosteroids to treat COPD | | |
| 17. | Chronic Stable Angina | 2007 Chronic Angina Focused Update of the ACC/AHA 2002 Guidelines for the Management of Patients with Chronic Stable Angina | American College of Cardiology / American Heart Association: http://circ.ahajournals.org/content/116/23/2762.full | 03/25/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 18. | Depression/Major Depressive Disorder | Practice Guideline For The Treatment of Patients With Major Depressive Disorder, Third Edition | American Psychiatric Association: http://psychiatryonline.org/guidelines.aspx | 03/25/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 19. | Diabetes | Standards of Medical Care in Diabetes – 2013 | American Diabetes Association: http://care.diabetesjournals.org/content/36/Supplement_1/S11.full.pdf+html | 2013 update A summary of revisions to the 2013 guidelines is available at: http://care.diabetesjournals.org/content/36/Supplement_1/S3.full.pdf+html | Approved May 2013 | Approved June 2013 |
| 20. | Dietary Guidelines | Dietary Guidelines for Americans, 2010 | U.S. Department of Health and Human Services http://health.gov/dietaryguidelines/dga2010/DietaryGuidelines2010.pdf | Approval requested by OptumHealth 03/25/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 21. | Durable Medical Equipment, Supplies, Prosthetics and Orthotics | UHC Utilization Review Guidelines – Durable Medical Equipment and Related Supplies, Prosthetics and Orthotics | Internal (Knowledge Library): http://kl/Content/Guidelines%20&%20Clinical%20Policies/Utilization%20Review%20Guidelines/Internal%20and%20External/DME_URG.doc External (UnitedHealthcareOnline.com): https://www.unitedhealthcareonline.com | | Approved May 2013 | Approved June 2013 |

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| | | | m/ccmcontent/ProviderII/UHC/en-US/Assets/ProviderStaticFiles/ProviderStaticFilesPdf/Tools%20and%20Resources/Policies%20and%20Protocols/Medical%20Policies/Medical%20Policies/DME_URG.pdf | | | |
| 22. | Heart Failure | 2013 ACCF/AHA Guideline for the Management of Heart Failure | American College of Cardiology/American Heart Association: http://content.onlinejacc.org/article.aspx?articleid=1695825 | 7/17/13 added 2013 update The updated guidelines include minor changes regarding family history and genetic testing, anticoagulation, risk factor management, blood pressure and volume control, cardiac resynchronization therapy, self-care management and palliative care. The guidelines also further differentiate the various stages of heart failure. | Approved May 2013 | Approved June 2013 |
| 23. | Hemophilia and von Willebrand Disease | Guidelines for the Management of Hemophilia The Diagnosis, Management and Treatment of von Willebrand Disease: 2007 NHLBI Guidelines | World Federation of Hemophilia: http://onlinelibrary.wiley.com/doi/10.1111/j.1365-2516.2012.02909.x/pdf National Heart, Lung & Blood Institute: http://www.nhlbi.nih.gov/guidelines/vwd/index.htm | 03/25/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 24. | Human Immunodeficiency Virus (HIV) | Primary Care Guidelines for the Management of Persons Infected with Human Immunodeficiency Virus: 2009 Update by the HIV Medicine Association of the Infectious Diseases Society of America | HIV Medicine Association of the Infectious Diseases Society of America: http://www.journals.uchicago.edu/doi/pdf/10.1086/605292 | 03/25/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |

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| 25. | Hyperbilirubinemia in Newborns | <p>American Academy of Pediatrics Clinical Practice Guideline (2004): Management of Hyperbilirubinemia in the Newborn Infant 35 or More Weeks of Gestation</p> <p>American Academy of Pediatrics (2009): Hyperbilirubinemia in the Newborn Infant ≥35 Weeks' Gestation: An Update with Clarifications</p> | <p>American Academy of Pediatrics: http://pediatrics.aappublications.org/content/114/1/297.full.pdf http://pediatrics.aappublications.org/content/124/4/1193.full.pdf</p> | 03/25/13: No content change from previous version | Approved May 2013 | Approved June 2013 |
| 26. | Hypertension | The Seventh Report of the Joint National Committee on Detection, Evaluation and Treatment of High Blood Pressure (2004) | <p>National Heart, Lung and Blood Institute: http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf</p> | 03/25/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 27. | Infertility | <ul style="list-style-type: none"> • Fertility Preservation Clinical Guidelines • ICSI Clinical Guidelines • Natural Cycle Clinical Guidelines • Ovarian Stimulation Clinical Guideline • PCOS Clinical Guidelines • Single Embryo Transfer Clinical Guidelines • Standard Infertility Workup Clinical Guidelines • Treatment of Unexplained Infertility Clinical Guidelines | | Approval requested by OptumHealth | Approved October 2012 | Approved November 2012 |
| | | <ul style="list-style-type: none"> • Intrauterine Insemination | | | Approved April 2013 | Approved May 2013 |

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| 28. | Inpatient Pediatric Feeding Programs | UHC Utilization Review Guidelines – Inpatient Pediatric Feeding Programs | <p>Internal (Knowledge Library): http://kl/Content/Guidelines%20&%20Clinical%20Policies/Utilization%20Review%20Guidelines/Internal%20and%20External/Inpatient%20Pediatric%20Feeding%20Programs_URG.doc</p> <p>External (UnitedHealthcareOnline.com): https://www.unitedhealthcareonline.com/ccmcontent/Provider/UGC/en-US/Assets/ProviderStaticFiles/ProviderStaticFilesPdf/Tools%20and%20Resources/Policies%20and%20Protocols/Medical%20Policies/Medical%20Policies/Inpatient%20Pediatric%20Feeding%20Programs_URG.pdf</p> | | Approved February 2013 | Approved March 2013 |
| 29. | Maternal Support Program Clinical Guidelines | <ul style="list-style-type: none"> Anemia and Pregnancy Clinical Guidelines Cervical Insufficiency Clinical Guidelines Avoidance of Elective Deliveries before 39 Weeks Gestation Assessment of Fetal Well Being Administration of 17P for Prevention of Preterm Birth | | Approval requested by OptumHealth | Approved September 2011 | |
| | | <ul style="list-style-type: none"> Breast Milk Feeding Coagulation Disorders in Pregnancy Gastrointestinal Disease in Pregnancy Gestational Diabetes Intrauterine Growth Restriction (IUGR) Malignancy and Pregnancy Maternal and Fetal Infections | | | Approved October 2011 | |

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| | | <ul style="list-style-type: none"> Maternal Nutrition and Obesity Multiple Gestation Placenta Previa | | | | |
| | | <ul style="list-style-type: none"> Diseases of the Liver Biliary System and Pancreas in Pregnancy Post-Term Pregnancy Pregnancy Related Hypertension Premature Rupture of Membranes (PROM) Preterm Labor and Birth Respiratory Disease in Pregnancy Thromboembolic Disease in Pregnancy Thyroid Disease in Pregnancy Trial of Labor after C-Section (TOLAC) and Vaginal Birth after C-Section (VBAC) | | | Approved November 2011 | |
| | | <ul style="list-style-type: none"> Maternal Cardiovascular Disorders Associated with Pregnancy Neurologic Disorders in Pregnancy Skin and Pregnancy | | | Approved November 2012 | Approved November 2012 |
| | | <ul style="list-style-type: none"> Intimate Partner Violence Hemolytic Disease of the Fetus and New born Endocrine Disorders in Pregnancy | | | Approved April 2013 | Approved May 2013 |
| 30. | MCG™ Care Guidelines | MCG™ Care Guidelines, 17 th Edition | MCG™ Care Guidelines http://www.careguidelines.com | 2013 update | Approved February 2013 | Approved March 2013 |
| 31. | Obesity | American Academy of Pediatrics (AAP) Obesity Portal The Practical Guide: Identification, | http://www2.aap.org/obesity/health_professionals.html?technology=0 National Heart, Lung and Blood | Approval requested by Community and State Guidelines needed to meet Hawaii's Department of Human | Approved September 2012 | |

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| | | Evaluation and Treatment of Overweight and Obesity in Adults, October 2000 | Institute http://www.nhlbi.nih.gov/guidelines/obesity/prctgd_c.pdf | Services contractual requirements . To be posted on the Hawaii portal only. | | |
| 32. | Oncology | National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines in Oncology | National Comprehensive Cancer Network: http://www.nccn.org/index.asp | Approval requested by the Oncology Line of Service. Guidelines are used as a resource to guide cancer detection, prevention and risk reduction, workup and diagnosis, treatment and supportive care. | Approved July 2012 | Approved August 2012 |
| 33. | Organ Transplantation | Transplant Review Guidelines: Solid Organ and Stem Cell Transplantation | Internal (Knowledge Library): http://kl/Upload/wazeve1/2012_Transplant_Review_Guidelines.pdf External (UnitedHealthcareOnline.com): https://www.unitedhealthcareonline.com/ccmcontent/ProviderII/UHC/en-US/Assets/ProviderStaticFiles/ProviderStaticFilesPdf/Tools%20and%20Resources/Policies%20and%20Protocols/Medical%20Policies/Clinical%20Guidelines/Transplant_Review_Guidelines.pdf | Approval requested by OptumHealth | Approved August 2012 | Approved August 2012 |
| 34. | Perinatal Care | American Academy of Pediatrics and the American College of Obstetricians and Gynecologists, Sixth-Edition, Guidelines for Perinatal Care | American College of Obstetricians and Gynecologists Note: This resource is not publically available; a user ID and password are required to access the document via: http://www.acog.org/Resources_And_Publications Alternative site: To view a summary of the guidelines please click here: | Approval requested by Community and State. Document needed for New Mexico Evercare product line that documents requirements for screening during antepartum visits To be posted on the C&S portal only. | Approved September 2012 | |

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| | | | http://www.uhccommunityplan.com/content/dam/communityplan/healthcare_professionals/clinicalguidelines/ACOG_Perinatal_Care_Guideline_Summary_6th_Edition.pdf | | | |
| 35. | Physical Activity | 2008 Physical Activity Guidelines for Americans | U.S. Department of Health and Human Services http://www.health.gov/paguidelines/pdf/paguide.pdf | 04/09/13: No content change from previous version. Approval requested by OptumHealth | Approved May 2013 | Approved June 2013 |
| 36. | Preventive Pediatric Health Care Screening | 2009 Recommendations for Preventive Pediatric Health Care: American Academy of Pediatrics Screening Guidelines (periodicity schedule) | American Academy of Pediatrics: http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%20101107.pdf | Approval requested by Community and State. Needed for New Mexico Evercare product line has requirements for visit periodicity per Bright Futures guideline To be posted on the C&S portal only. | Approved September 2012 | |
| 37. | Preventive Services | Guide to Clinical Preventive Services, 2010-2011: Recommendations of the U.S. Preventive Services Task Force <i>Note: Although the USPSTF concluded that the current evidence is insufficient to assess the additional benefits and harms of digital mammography instead of film as a screening modality for breast cancer, before the age of 50, UnitedHealthcare will cover this as a preventive health service.</i> | Agency for Healthcare Research and Quality: http://www.ahrq.gov/clinic/pocketgd.htm | Guideline is required for the Medicare and Retiree business. | Approved September 2012 | |
| 38. | Propranolol Treatment for | UHC Utilization Review Guidelines – Propranolol Treatment for Infantile | Internal (Knowledge Library): http://kl/Content/Guidelines%20&%20 | | Approved February 2013 | Approved March 2013 |

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| | Infantile Hemangioma | Hemangiomas: Inpatient Protocol | Clinical%20Policies/Utilization%20Review%20Guidelines/Internal%20and%20External/Propranolol_URG.doc External (UnitedHealthcareOnline.com): https://www.unitedhealthcareonline.com/ccmcontent/ProviderII/UHC/en-US/Assets/ProviderStaticFiles/ProviderStaticFilesPdf/Tools%20and%20Resources/Policies%20and%20Protocols/Medical%20Policies/Medical%20Policies/Propranolol_URG.pdf | | | |
| 39. | Radiology: CareCore Evidence Based Guidelines Commercial/Medicaid | Physician Guidelines: Current Evidence-Based Recommendations Regarding Imaging 2013 Commercial/Medicaid | Internal (Knowledge Library): Evidence-Based Clinical Guidelines - Imaging 2013 External (UnitedHealthcareOnline.com): Evidence-Based Clinical Guidelines - Imaging 2013 | | Approved January 2013 | Approved March 2013 |
| 40. | Radiology: CareCore Evidence Based Guidelines Medicare & Retirement | Physician Guidelines: Current Evidence-Based Recommendations Regarding Imaging 2013 Medicare & Retirement | Internal (Knowledge Library): Evidence-Based Clinical Guidelines for Imaging (2013) - UHC Medicare & Retirement External (UnitedHealthcareOnline.com): Physician Guidelines: Current Evidence-Based Recommendations Regarding Imaging 2013 Medicare & Retirement | | Approved September 2012 | Approved October 2012 |
| 41. | Schizophrenia | Guideline Watch (September 2009): Practice Guideline for the Treatment of Patients with Schizophrenia | American Psychiatric Association/ PsychiatryOnline Guideline Watch: http://psychiatryonline.org/content.asp | 3/22/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |

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| | | | x?bookid=28&sectionid=1682213#501001 | | | |
| 42. | Sickle Cell Disease | The Management of Sickle Cell Disease, 4 th Edition National Heart, Lung, and Blood Institute (NHLBI) | National Heart, Lung and Blood Institute: http://www.nhlbi.nih.gov/health/prof/blood/sickle/sc_mngt.pdf | 3/25/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 43. | Spinal Stenosis | 2011 Evidence-Based Clinical Guidelines for Multidisciplinary Spine Care Diagnosis and Treatment of Degenerative Lumbar Spinal Stenosis | North American Spine Society: http://www.spine.org/Documents/LumbarStenosis11.pdf | 3/25/13: No content change from previous version. | Approved May 2013 | Approved June 2013 |
| 44. | Substance Use Disorders | Guideline Watch (April 2007): Practice Guideline for the Treatment of Patients with Substance Use Disorders | American Psychiatric Association/ PsychiatryOnline Guideline Watch: http://focus.psychiatryonline.org/article.aspx?articleid=52296 | 03/22/13: No content change from previous version. Added per request from OBHS. | Approved May 2013 | Approved June 2013 |
| 45. | Tobacco Use | Treating Tobacco Use and Dependence: 2008 Update Supplement: Corrections and Additions to the 2008 Guideline Update | U.S. Department of Health and Human Services http://www.ncbi.nlm.nih.gov/books/NBK63952/ http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/tobacco/clinicians/update/correctadd.html | 04/09/13: No content change from previous version. Updated link. Approval requested by OptumHealth | Approved May 2013 | Approved June 2013 |