

Behavioral Health

As a UnitedHealthcare Community Plan member, you are eligible for behavioral health services, also called mental health services. Behavioral health services can help you with personal problems that may affect you and/or your family. These problems may be stress, depression, anxiety or using drugs or alcohol.

Behavioral health resources include:

- Your primary care provider (PCP)
- Specialists, such as psychiatrists, psychologists, social workers, and mental health counselors
- Community mental health centers
- Washington State's Regional Service Networks (RSN)
- Substance abuse disorder services, including chemical dependency treatment centers

Talk to your PCP today about any health or behavioral health problems you have. Your PCP will refer you to a behavioral health provider with UnitedHealthcare Community Plan. They can refer you to specialists, RSNs, and other facilities, such as hospitals and substance abuse and treatment services.

Your PCP will stay involved with you through the stages of recovery: Health, Home, Purpose and Community.

Health: What do you hope to accomplish from this treatment episode?

Home: A stable housing situation can really help one's health, what does yours look like?

Purpose: Tell me about an average day; what do you do that gives meaning and purpose to your life (i.e. work, caretaking, etc.)?

Community: Tell me about any community activities you participate in (i.e. church, AA, volunteering).

If want more information about behavioral health services or if you don't have a PCP, please call UnitedHealthcare Community Plan Member Services, at 1-877-542-8997. They can help you find a provider, find local resources, plan an appointment and find transportation.

Washington Apple Health Members

UnitedHealthcare Community Plan works in partnership with the 13 Regional Support Networks (RSNs) and Optum Behavioral Health to provide behavioral health services to Healthy Options members. Optum Behavioral Health works with the RSNs to evaluate and direct members to ensure they receive the appropriate level of care.



Contact Information and Links

To find a behavioral health provider, please call Member Services, at 1-877-542-8997 (TTY: 711).

To contact Optum Behavioral Health, call 1-855-802-7089.

For more information on services available and approvals for services, please refer to your member handbook.

Other Resources

[Washington Recovery Help Line](#)

866-789-1511

206-461-3219 (TTY)

recovery@crisisclinic.org

[DSHS Division of Behavioral Health & Recovery](#)

866-789-1511

206-461-3219 (TTY)

Funding is available for help.

[Washington Substance Abuse Index](#)

877-340-0184

Lists centers for help across Washington State

[WashingTEEN Health](#)

800-322-2588

Support for Washington teens to deal with stress, emotional health and receive support

To find out more about RSNs, please visit the [Department of Social and Health Services website](#) or [see the list on the following pages](#).



Regional Support Networks

Chelan-Douglas RSN

Chelan, Douglas Counties

636 North Valley Mall Parkway, Suite 200

East Wenatchee, WA 98802-4875

Toll Free: 1-877-563-3678

Ombuds Services: 1-800-495-5178

24-Hour Crisis Line: 1-800-852-2923

<http://www.cdrsn.org>

Authorized Community Mental Health Agencies

Catholic Family & Child Services

(509) 662-6761

640 S. Mission St.

Wenatchee, WA 98801

Alternative languages available: Spanish

Children's Home Society

(509) 663-0034

1014 Walla Walla Avenue

Wenatchee, WA 98801-1523

Alternative languages available: Spanish

Columbia Valley Community Health-Behavioral Health Services

(509) 662-6000

600 Orondo Street

Wenatchee, WA 98801-2086

Alternative languages available: Spanish

Recovery Innovations

(509)-662-7105

701 N. Miller Street

Wenatchee, WA 98801-2086

Alternative languages available: Spanish



Mental Health Ombuds Services

[Ken Stern](#) or [Jeff Howard](#) or [Erin Nelson](#)

Aging and Adult Care of Central Washington

50 Simon St. SE,

East Wenatchee, WA 98802-7727

Toll Free: 1-800-346-4529

Email: kstern@dshs.wa.gov or howarj@dshs.wa.gov or nelsoec@dshs.wa.gov

Greater Columbia RSN

Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Klickitat, Walla Walla, Whitman and Yakima Counties

101 N. Edison Street

Kennewick, WA 99336-1958

Toll Free: 1-800-795-9296

[Ombuds Services](#): 1-800-257-0660

24-Hour Crisis Lines:

Asotin: 888-475-5665

Benton-Franklin: 800-783-0544

Columbia: 866-382-1164

Garfield: 888-475-5665

Kittitas: 509-925-9861

Klickitat: 509-773-5801 or 800-572-8122

Walla Walla: 509-524-2999

Whitman: 866-871-6385

Yakima: 509-575-4200 or 800-572-8122

Yakima Children: 509-576-0934 or 800-671-5437

[Greater Columbia Behavioral Health](#)

Authorized Community Mental Health Agencies

[Blue Mountain Counseling- Dayton, Columbia County](#)

(509) 382-1164

221 E. Washington Avenue, Dayton WA 99328

[Catholic Family and Child Services](#)

(509) 965-7100

5301 Tieton Drive, Suite "C"

Yakima, WA 98908-3478

Alternative languages available: Spanish



Community Plan

Catholic Family and Child Services (509) 946-4645
2139 VanGiesen
Richland, WA 99353

[Central WA Comprehensive Mental Health](#) – Yakima, Yakima County (509) 575-4084

402 S. Fourth Avenue, Yakima, WA 98907-0959

Alternative languages available: Spanish

[Central WA Comprehensive Mental Health](#) – Ellensburg, Kittitas County (509) 925-9861

220 W. 4th Avenue, Ellensburg, WA 98926

[Central WA Comprehensive Mental Health](#) – Sunnyside, Yakima County (509) 837-2089

1319 Saul Road S., Sunnyside, WA 98944

[Central WA Comprehensive Mental Health](#) – Goldendale, Klickitat County (509) 773-5801

112 W. Main Street, Goldendale, WA 98620

[Central WA Comprehensive Mental Health](#) – White Salmon, Klickitat County (509) 493-3400

251 Rhine Village Drive, White Salmon, WA 98672

[Garfield County Human Services](#) (509) 843-3791

856 W. Main Street, Pomeroy, WA 99347

[Lourdes Counseling Center](#) (509) 943-9104

1175 Carondelet Drive,

Richland, WA 99352-3396

Alternative languages available: Fijian, Hindi, Mien, Punjabi, Spanish and Urdu

[Lutheran Community Services Northwest](#) (509) 735-6446

3321 W. Kennewick Avenue, Suite 150

Kennewick, WA 99336-2959

[Tri-Cities Community Health](#) (509) 545-6506

Nueva Esperanza Counseling Center

720 W. Court Street, Suite 8

Pasco, WA 99301-4178

Alternative languages available: Spanish and Taishanese

[Palouse River Counseling Center](#) (509) 334-1133

340 NE. Maple

Pullman, WA 99163

Quality Behavioral Health: (509) 758-3341

Asotin County- Clarkston, WA

[Ti Nelson](#) or [Chris Hoag](#)

Mental Health Ombuds, Inc.

2810 W Clearwater Suite 103

Kennewick, WA 99336

Toll Free: 1-800-257-0660

Email: [Ti Nelson](#) or [Chris Hoag](#)



Walla Walla Human Services: (509) 524-2920 ask for Intake Specialist

Walla Walla County

[Yakima Valley Farm Workers Clinic Behavioral Health Services](#) – Yakima, Yakima County

(509) 453-1344

918 E. Mead Avenue

Yakima, WA 98903-3720

Alternative languages available: Spanish

[Yakima Valley Farm Workers Clinic Behavioral Health Services](#) – Toppenish, Yakima County

(509) 865-5600

518 West 1st Avenue

Toppenish, WA 98948-1564

Grays Harbor RSN

Grays Harbor County

2109 Sumner Avenue

Aberdeen, WA 98520-3699

Phone: (360) 500-4071

Fax: (360) 533-1983

Toll Free: available soon

Ombuds Services: 1-866-439-3064

24-Hour Crisis Line: 1-800-685-6556

[Grays Harbor County Public Health](#)

Authorized Community Mental Health Agencies

Behavioral Health Resources – Hoquiam (360) 532-8629

205 8th Street

Hoquiam, WA 98550

Behavioral Health Resources – Elma (360) 482-5358

575 E. Main Suite C

Elma, WA 98541

Crisis Clinic (360) 532-4357

615 8th Street

Hoquiam, WA 98550

Sea Mar (360) 538-1461

1813 Sumner Avenue

Aberdeen, WA 98520



[Theresa Mahar](#)

Grays Harbor County Ombuds

Toll Free: 1-866-439-3064

Email: theresamahar@msn.com

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King County RSN

King County

401 Fifth Avenue, Suite 400

Seattle, WA 98104-2333

Toll Free: 1-800-790-8049

Public Phone: (206) 263-9000 or Toll Free: 1-800-790-8049

TTY: (206) 205-0569

24-Hour Crisis Line: 1-866-427-4747

Web Site

Ombuds Services: (206) 205-5329 or Toll Free 1-800-790-8049 #3

[King County Ombuds](#) – The Yesler Building

400 Yesler Way Rm. 402

Seattle, WA 98104

Fax: (206) 205-5329

Email: ombuds.mhd@kingcounty.gov

Authorized Community Mental Health Agencies

Asian Counseling & Referral Services (206) 695-7600

3639 Martin Luther King Jr. Way S.

Seattle, WA 98144

Alternative languages available: Cambodian, Cantonese, French, German, Hmong, Japanese, Korean, Lao, Mandarin, Mien, Samoan, Tagalog, Taiwanese, Thai, Taishanese and Vietnamese

Catholic Community Services (206) 328-5097

100 Twenty-Third Avenue S.

Seattle, WA 98144

Other location(s): Kent

Community House Mental Health (206) 322-2387

431 Boylston Avenue E.

Seattle, WA 98102-4903

Alternative languages available: Spanish



Community Plan

Community Psychiatric Clinic (206) 461-3614 or (206) 545-2354

11000 Lake City Way N.E.

Seattle, WA 98125-6748

Other location(s): Belltown, Northgate, Pioneer Square, and Wallingford

Alternative languages available: Cantonese, Japanese, Korean, Spanish and Tagalog

Consejo Counseling & Referral Services (206) 461-4880

3808 S. Angeline Street

Seattle, WA 98118-1712

Other location(s): Central District

Alternative languages available: Spanish

Downtown Emergency Service Center (206) 464-1570

515 Third Avenue

Seattle, WA 98104

Other location(s): Belltown

Alternative languages available: Spanish

Evergreen Healthcare (206) 923-6300 or Toll Free: 1-800-548-0558

2414 SW Andover Street D-120

Seattle, WA 98106

In-home services provided throughout King County

Alternative languages available: Mandarin

Harborview Mental Health Services (206) 744-9600

325 9th Avenue First Floor

Seattle, WA 98104-2499

Alternative languages available: Hiligaynon, Hindi, Korean, Spanish, Tagalog

Navos (206) 248-8226

2600 S.W. Holden Street

Seattle, WA 98126-3505

Other location(s): Burien

Alternative languages available: Farsi, Japanese, Polish, Spanish

Pioneer Counseling Services: (206) 470-3856

1100 Virginia Street #210

Seattle, WA 98101

Seattle Children's: (206) 987-3560

4800 Sand Point Way N.E.

Seattle, WA 98105-0371

Other location(s): Bellevue, Central District

Alternative languages available: American Sign Language, Mandarin, Spanish



Community Plan

Sea-Mar Community Health Center (206) 766-6976

10001 17th Place S. Lower Level

Seattle, WA 98168-1624

Other location(s): Bellevue

Alternative languages available: Portuguese and Spanish

Seattle Counseling Service for Sexual Minorities (206) 323-1768

1216 Pine Street, Suite 300

Seattle, WA 98101

[E-mail Seattle Counseling](#)

Sound Mental Health (206) 302-2300, TTY: (206) 302-2209

1600 E. Olive Street

Seattle, WA 98122-2799

Other Locations: Auburn/Kent, Bellevue, North Seattle, Seattle Madison, Redmond, and Tukwila

Alternative languages available: Arabic, American Sign Language, French, Gaelic, German, Hindi, Hungarian, Japanese, Korean, Latvian, Lithuanian, Mandarin, Russian, Spanish, Tagalog, Yoruba

Therapeutic Health Services: (206) 322-7676 (Youth/Families)

(206) 723-1980 (Adults)

1116 Summit Avenue

Seattle, WA 98101

Other location(s): Rainier Valley

Alternative languages available: Amharic, Spanish

Valley Cities Counseling & Consultation (253) 939-4055

325 West Gowe Street

Kent, WA 98032-5892

Other location(s): Auburn, Federal Way, Renton, South King County

Alternative languages available: Creole, Czech, French, German, Hausa, Hebrew, Italian, Portuguese, Spanish, Tamil, Yoruba

YMCA Mental Health Services (206) 382-5340 or 1-800-760-5340

2100 24th Avenue S. Suite 260

Seattle, WA 98144

Alternative languages available: Laotian, Mandarin, Spanish, Thai

North Sound Mental Health Administration RSN

Island, San Juan, Skagit, Snohomish and Whatcom Counties

117 N. 1st Street, Suite 8

Mount Vernon, WA 98273-2858

Toll Free: 1-800-684-3555

Ombuds Services: 1-888-336-6164



UnitedHealthcare®

Community Plan

24-Hour Crisis Line: 1-800-584-3578

[North Sound RSN](#)

To access mental health services: 1-888-693-7200

[Dignity and Respect Campaign Pledge](#)

Authorized Community Mental Health Agencies

[Bridgeways](#) (425)-355-8668

8223 Broadway

Everett, WA 98203

[Catholic Community Services](#) – Mount Vernon, Skagit County 360-856-3054

160 Cascade Place, Suite 201 Burlington, WA 98233-3126

[Catholic Community Services](#) – Bellingham, Whatcom County 360-676-2164

1133 Railroad Avenue, Bellingham, WA 98225

[Chuck Davis](#) and [Kim Olander](#)

[North Sound Regional Ombuds](#)

330 Pacific Place,

Mount Vernon, WA 98273

Work Phone: 360-416-7004 Ext. 2

Toll Free: 1-888-336-6164

Email: chuckd@skagitcap.org or kimo@skagitcap.org

[Compass Health](#) – Everett, Snohomish County (also in Lynnwood) 1-800-457-9303 (Main switchboard number for all 4 counties)

425-349-6200

4526 Federal Avenue, Everett, WA 98203-8810

Alternative languages available: American Sign Language, Arabic, Bosnian, Cambodian, Cantonese, Farsi, French, Japanese, Korean, Mandarin, Romanian, Russian, Spanish, Tagalog, and Ukrainian

[Compass Health](#) – Camano Island, Island County 360- 678-5555

105 NW 1st Street Coupeville, WA 98239

Alternative Languages Available: Translator as needed.

[Compass Health](#) – Friday Harbor, San Juan County (360) 378-2669

Friday Harbor – 520 Spring Street, Friday Harbor, WA 98250

San Juan County – 3322 Broadway 2nd floor, Everett, WA 98201

Contact: Lori Youngquist -425-349-7273

Alternative Languages Available: Spanish

[Compass Health](#) – Mount Vernon, Skagit County (360) 419-3500

1100 South 2nd Street, Mount Vernon, WA 98273

Contact: Pam Hutchinson – 360-419-3552

Fax: – 360-419-3535

Crisis Line: 1-800-584-3578; DMHP – 1-800-747-8654

Alternative Languages Available: Spanish



Community Plan

[Interfaith Community Clinic](#) (360) 676-6177

220 Unity Street

Bellingham, WA 98225

[Lake Whatcom Residential and Treatment Center](#) (360) 676-6000

609 A North Shore Drive

Bellingham WA 98226-4414

[Sea Mar Counseling and Social Services](#)– Bellingham, Whatcom County (360) 734-5458

4455 Cordata Pkwy, Bellingham, WA 98226-8037

Alternative languages available: Spanish

[Sea Mar Counseling and Social Services](#)– Everett, Snohomish County (425) 347-5415

5007 Claremont Way, Everett, WA 98203

Alternative languages available: Spanish

[Sea Mar Counseling and Social Services](#)– Mount Vernon, Skagit County (360) 428-8912

1010 East College Way, Mount Vernon, WA 98273

Alternative languages available: Spanish

[Sunrise Community Mental Health](#) – Snohomish County (425) 493-5800

Toll free: 877-493-5890

1021 N. Broadway, Everett, WA 98201

[Sunrise Community Mental Health](#) – Skagit County (360) 336-3762

Toll free: 866-634-3039

2500 East College Way, Mount Vernon, WA 98273-5862

[Whatcom Counseling & Psychiatric Clinic](#) (360) 676-2220/1-888-311-0120

3645 E. McLeod Road

Bellingham, WA 98226-8799

Peninsula RSN

Clallam, Jefferson and Kitsap Counties

614 Division Street, MS 23

Port Orchard, WA 98366-4676

Toll Free: 1-800-525-5637

Ombuds Services: (360) 692-1582

Toll Free: 1-888-377-8174

24-Hour Crisis Lines:

Kitsap County: (360) 479-3303/(800) 843-4793

East Jefferson County: (360) 385-0321/(800) 659-0321

East Clallam County: (360) 452-4500

West Jefferson County: (360) 374-6177

West Clallam County: (360) 374-6177



Community Plan

Authorized Community Mental Health Agencies

Peninsula RSN Ombuds Services

PRSN Mental Health Ombuds

9004 Washington Ave. NW,

Silverdale, WA 98383

Toll Free: 1-888-377-8174

Work Phone: 1-360-692-1582

Email: ombuds@kitsapdrc.org

Jefferson Mental Health Services (360) 385-0321 or (877) 410-4803

884 West Park Avenue

Port Townsend, WA 98368-0565

Kitsap Mental Health Services (360) 405-4010 or (800) 843-4793

5455 Almira Drive

Bremerton, WA 98311-8331

Alternative languages available: Japanese, Spanish and Tagalog

Peninsula Community Mental Health Center (360) 457-0431 or (800) 799-1337

118 East 8th Street

Port Angeles, WA 98362-6129

West End Outreach Services (360) 374-6177

530 Bogachiel Way

Forks, WA 98331-9120

OptumHealth-Pierce County RSN

Pierce County

3315 South 23rd Street Suite 310

Tacoma, WA 98405

Toll Free: 1-866-673-6256

Ombuds Services: 1-800-531-0508

24-Hour Crisis Line: 1-800-576-7764

OptumHealth Pierce County RSN

Authorized Community Mental Health Agencies

Asian Counseling Services

4301 South Pine Street, Suite 405

Tacoma, WA 98409

(253) 471-0141

Catholic Community Services (Intensive in-home services for children & their families)

5410 North 44th Street

Tacoma, WA 98407

(253) 759-9544



Community Plan

Comprehensive Mental Health Center

Adults/Older Adults

514 South 13th Street

Tacoma, WA 98402

(253) 396-5000

Children/Families

1201 South Proctor

Tacoma 98405

(253) 396-5800

Good Samaritan Behavioral Healthcare

Adults/Older Adults & **Children/Families**

325 Pioneer East

Puyallup, WA 98372

(253) 445-8120

(253) 697-8400

Toll Free 1-888-445-8120

Multicare Good Samaritan Outreach Services

4545 Pt. Fosdick Drive NW

Gig Harbor, WA 98335-1700

(253) 530-8278

Fax: (253) 530-8081

Greater Lakes Mental Healthcare

Adults/Older Adults & Children/Families

9330 59th Avenue S.W.

Lakewood, WA 98499-6600

(253) 581-7020

Recovery Innovations

Recovery Response Center

Office: (253) 439-5901

Fax: (253) 439-5902

Recovery Response Center Site Address through mid-day May 16:

Recovery Innovations/Recovery Response Center

9601 Steilacoom Blvd SW, Bldg 27

Lakewood, WA 98498

Mailing Address through mid-day May 16:

Recovery Innovations/Recovery Response Center

10011 Bridgeport Way SW, Suite 1500 PMB# 174

Lakewood, WA 98499



Community Plan

Recovery Response Center Site Address and mailing address starting late May 16:
2150 Freeman Road East, Fife, WA 98424

Recovery Support Line (3PM – 11PM, 7-days a week)
(253) 439-5900
(877) 780-5222

Telecare Recovery Partnership

(E&T Program)

8103 Steilacoom Blvd. SW, PMB# 274
Lakewood, WA 98498-6102
Phone: (253) 589-5334
Fax: (253) 584-1508

[Sea Mar Community Health Center – Puyallup](#)

Behavioral Health Center
12812 101st Avenue Court E, # 202
Puyallup, Washington 98373
Phone: (253) 864-4770

[Sea Mar Community Health Center – Gig Harbor](#)

Behavioral Health Center
3309 56th ST NW #103
Gig Harbor, WA 98335
Phone: (253) 280-9888

[SeaMar Community Health Center – Tacoma](#)

Behavioral Health Center
1516 S 11th Street
Tacoma WA 98405
Phone: (253) 396-1634
Fax: (253) 396-1663

The Mental Health Ombuds Service of Pierce County at TACID assists mental health consumers, families, and recognized advocates with concerns, complaints, or grievances.

[Mental Health Ombuds of Pierce County](#)

c/o TACID
6315 South 19th Street
Tacoma, WA 98466
Work Phone: 253-302-5311
Toll Free: 1-800-531-0508
Email: <mailto:ccglover@co.pierce.wa.uscarolyn@TACID.org>

The Mental Health Ombuds Service has the following hours:

Monday through Thursday from 9:30 AM to 5:00PM and Friday from 9:30 AM to Noon.



Community Plan

Southwest Washington Behavioral Health

Clark County

PO Box 664

Vancouver, WA 98666

Toll Free: 1-(855)-397-8222

Local: (360)-397-8222

Fax: (360) 397-6128

24-Hour Crisis Line: 1-(800)-626-8137 or (360)-696-9560

Clark County Ombuds

Melanie Maiorino, BA, MS, Ed.D

Toll Free: 1-866-666-5070

Local: 360-397-8470

Physical Address:

1601 E. Fourth Plain Blvd.

Vancouver, WA 98661

Authorized Community Mental Health Agencies

All agencies also provide interpreters as needed for those whose primary language is other than English, when a direct service provider is not on staff who speak the needed language.

Children and Family Services:

Catholic Community Services (360) 567-2211

9300 NE Oak View Drive

Vancouver, WA 98662-5257

Alternative languages available: American Sign Language, French, Russian and Spanish

Children's Center (360) 699-2244

415 W. 11th Street

Vancouver, WA 98660

Children's Home Society (360) 695-1325

309 W. 12th Street

Vancouver, WA 98660

Columbia River Mental Health Services (360) 993-3000

6926 E. Fourth Plain Boulevard

Vancouver, WA 98661-7254

Alternative languages available: American Sign Language, Cambodian, Chinese, French, German, Korean, Laotian, Russian, Spanish, Thai, Hebrew, Dutch and Italian

Family Solutions (360) 695-1014

Fax: (360)750-1374

1104 Main Street, Suite 500



Vancouver, WA 98660-2972

Alternative languages available: American Sign Language, conversational Spanish

SeaMar Community Health Center (360) 566-4432

7410 E. Delaware Lane

Vancouver, WA 98664

Alternative languages available: Spanish

Adult Services:

Community Services Northwest (360) 397-8484

1601 E 4th Plain Blvd, Bldg. 17

Phone: (360) 397-8484

Vancouver, WA 98661

Columbia River Mental Health Services (360) 993-3000

6926 East Fourth Plain Boulevard,

Vancouver, WA 98661-7254

Alternative languages available: American Sign Language, Cambodian, Chinese, French, German, Korean, Laotian, Russian, Spanish, Thai, Hebrew, Dutch and Italian

Lifeline Connections (360) 397-8246

Center for Community Health,

1601 E. Fourth Plain Boulevard, Bldg. 17

Vancouver, WA 98661

Sea Mar Community Health Center (360) 566-4432

7410 E Delaware Lane

Vancouver, Washington 98664

Alternative languages available: Spanish

PeaceHealth Southwest Medical Center – ADAPT (360) 696-5300

3400 Main Street

Vancouver, WA 98663

Inpatient Facilities:

Telecare Clark County Evaluation & Treatment Center (360) 397-8474

Center for Community Health

1601 E Fourth Plain Blvd. Bldg. 17

Vancouver, WA 98661

PeaceHealth Southwest Medical Center (360) 696-5041

3400 Main Street

Vancouver, WA 98663



Adult Residential Treatment Facility:

Elahan Place (360) 993-3000

7415 NE 94th Ave,
Vancouver, WA 98662

Adult Residential Care Facilities:

The Evergreen Inn (360) 696-4000

500 Main Street,
Vancouver, WA 98660

Ridgefield Living Center (360) 887-5066

P.O. Box 400,
Ridgefield, WA 98642

Cowlitz County- *Southwest RSN is now:* Southwest Washington Behavioral Health

P.O. Box 664
Vancouver, WA 98666
Toll Free: 1-(855)-397-8222
Local: (360)-397-8222
Fax: (360)-397-6128
Ombuds Services: (360)-414-0237

24-Hour Crisis Line: 1-(800)-803-8833 or (360) 425-6064

[Web Site](#)

Authorized Community Mental Health Agencies

[Timothy Krueger](#)

1952 9th Avenue
Longview, WA 98632
Work Phone:(360)-414-0237

Email:swrsnombuds@yahoo.com

[Center for Behavioral Solutions](#) (Outpatient Provider)

(360) 414-2280
600 Broadway
Longview, WA 98632-3256

Alternative languages available: Spanish

[Lower Columbia Mental Health Center](#)

(360) 423-0203
921 14th Avenue



Community Plan

Longview, WA 98632-2316

Alternative languages available: Filipino, German, Russian and Spanish

[Saint John Medical Center](#) – (Inpatient Provider)

(360) 414-2000

1615 Delaware

Longview, WA 98632-3256

Alternative languages available: Spanish

[Youth and Family Link](#)

(360) 423-6741

PO Box 2052

Longview, WA 98632-3256

Skamania County – *previously part of Greater Columbia RSN is now part of: SW WA BH*

P.O. Box 664

Vancouver, WA 98666

Toll Free: 1-(855)-397-8222

Local: (360)-397-8222

Fax: (360)-397-6128

24-Hour Crisis Line: 1-(509)-427-3850

[Web Site](#)

Authorized Community Mental Health Agencies

[Skamania County Community Health](#)

Skamania County Health Services Center

710 SW Rock Creek Drive

Stevenson, WA 98648

(509) 427-3850

Spokane County RSN

Adams, Ferry, Grant, Lincoln, Okanogan, Pend Oreille and Stevens Counties

312 West 8th Avenue, Fourth Floor

Spokane WA 99204-2506

Toll Free: 1-800-273-5864

Ombuds Services: 1-800-346-4529

24-Hour Crisis Line: 506-838-4428 or 1-877-678-4428

[Web Site](#)

Authorized Community Mental Health Agencies



Adams County

[Community Counseling Services of Adams County – Othello](#)

Othello Office

425 East Main, Suite 600

Othello, WA 99334-1003

(509) 488-5611

Crisis and after hours: (509) 488-5611

Alternative languages available: Spanish

[Community Counseling Services of Adams County](#)

Ritzville Office

120 East Main

Ritzville, WA 99169

(509) 659-4357

Crisis and after hours: (509) 659-4357

Ferry County

[Northeast Washington Alliance Counseling Services](#)

Ferry County Office

65 North Keller

Republic, WA 99166

(509) 775-3341

Toll Free: 1-(866) 807-7131

Crisis: 1-(866) 268-5105

Grant County

[Grant Mental Healthcare](#)

Moses Lake Office

840 East Plum Street

PO Box 1057

Moses Lake, WA 98837-0160

(509) 765-9239

Crisis: (509) 765-1717 or 1-(877) 467-4303

Alternative languages available: Spanish

[Grant Mental Healthcare](#)

Grand Coulee Office

404 Fortuyn Road

PO Box 565

Grand Coulee, WA 99133

(509) 633-2148

Crisis: (509) 765-1717 or 1-(877) 467-4303



Grant Mental Healthcare

Quincy Office

203 South Central Avenue S.

PO Box 25

Quincy, WA 98848

(509) 633-2148

Crisis: (509) 765-1717 or 1-(877) 467-4303

Alternate language available: Spanish

Lincoln County

Northeast Washington Alliance Counseling Services

Lincoln County Office

1211 Merriam Street

Davenport, WA 99122

509-725-3001

Toll free 1-888-725-3001

Crisis 1-888-380-6823

Okanogan County

Okanogan Behavioral Health Care

1007 Koala Drive

Omak, WA 988413208

509-826-6191

Toll Free: 1-877-826-6191

Crisis and after hours 509-826-6191, toll free 1-866-826-6191

TTY: 509-826-2113

Alternate languages available: Spanish

Pend Oreille County

Pend Oreille County Counseling Services

105 Garden Avenue

PO Box 5055

Newport, WA 99156

(509) 447-5651

Toll Free: 1-(800) 404-5151

TTY: (509) 447-0847

Crisis and after hours: 1 (866) 847-8540

Stevens County

Northeast Washington Alliance Counseling Services

Stevens County Office – Colville (Main Office)

165 E. Hawthorne Avenue

Colville, WA 99114



509-684-4597

1-866-708-4597

Crisis 1-888-380-6823

[Northeast Washington Alliance Counseling Services](#)

[Stevens County Office – Chewelah](#)

Municipal Building

301 E. Clay # 201

PO box 905

Chewelah, WA 99019

509-935-4808

1-866-708-4597

Crisis 1-888-380-6823

Ombuds Services

[Erin Nelson](#)

Aging and Long Term Care of Central Washington

1336 Pioneer Way, Suite 103

Moses Lake WA 98837

1-800-356-4529

nelsoec@dshs.wa.gov

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Spokane County

312 West 8th Avenue, Fourth Floor

Spokane WA 99204-2506

Toll Free: 1-800-273-5864

Ombuds Services: 1-866-814-3409

24-Hour Crisis Line: 506-838-4428 or 1-877-678-4428

<http://www.spokanecounty.org/mentalhealth/>

Authorized Community Mental Health Agencies

[Catholic Charities Counseling Program](#)

12 E. 5th Avenue

Spokane, WA 99202

509-242-2308

1-800-831-1209

[Children's Home Society of Washington](#)

2323 N. Discovery Place

Spokane Valley, WA 99216

509-747-4174

[Community Detox of Spokane](#)

312 West 8th Avenue



Spokane, WA 99204

509-477-4631

[Excelsior Youth Center](#)

3754 W. Indian Trail Road

Spokane, WA 99208

509-328-7041

1-800-466-5574

[Frontier Behavioral Health, Family Service Spokane Division](#)

7 South Howard, Suite 321

Spokane, WA 99201

509-838-4128

1-800-838-4128

[Frontier Behavioral Health, Spokane Mental Health Division](#)

107 S. Division Street

Spokane, WA 99202

509-838-4651

1-877-678-4428

Alternative Languages Available: American Sign Language, German, Tagalog, and Spanish

[Institute for Family Development](#)

720 West Boone, Suite 102

Spokane, WA 99201

509-328-3802

1-800-888-9169

[Lutheran Community Services Northwest](#)

210 West Sprague Avenue

Spokane, WA 99201

509-747-8224

1-800-446-0259

[NATIVE Project](#)

1803 W. Maxwell Avenue

Spokane, WA 99201

509-325-5502

Alternative Language Available: Spanish

[Partners with Families and Children](#)

613 South Washington Street

Spokane, WA 99204

509-473-4810

[Passages Family Support](#)

1002 N. Superior

Spokane, WA 99202

509-892-9241



Community Plan

Providence Sacred Heart Medical Center & Children's Hospital – BEST Program

101 W. 8th Avenue

Spokane, WA 99204

509-474-2223 or 509-474-2112

Spokane County Detention Services Mental Health Program

1100 W. Mallon Avenue

Spokane, WA 99260

509-477-6686

Spokane County Juvenile Court Services and Detention Center

1208 W. Mallon Avenue

Spokane, WA 99201

509-477-4742

Spokane County Supportive Living Program

1725 N Ash Street

Spokane, WA 99205

509-477-2671

Alternative Language Available: Spanish

Spokane Public Schools

200 N. Bernard

Spokane, WA 99202

509-354-7946

Sunshine Health Facilities – Behavioral Health

1102 S. Raymond Rd.

Spokane Valley, WA 99206

509-892-4342

Tamarack Center

2901 W. Fort George Wright Drive

Spokane, WA 99224

509-326-8100

1-800-736-3410

Spokane County Ombuds Service

Tisha Robbins

312 W. 8th Avenue

Spokane, WA 99204

Work Phone: 509-477-4666

Toll Free: 1-866-814-3409

trobins@spokanecounty.org

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Thurston-Mason RSN

Mason and Thurston Counties



412 Lilly Road NE
Olympia, WA 98506-5132
Toll Free: 1-800-658-4105
Direct Line: 360-867-2602
TDD: 360-867-2603 or 1-800-658-6384
Ombuds Services: 1-800-658-4105

24-Hour Crisis Line: 1-800-270-0041 or 360-754-1338
Crisis Information and Referral Line: 360-586-2800

Thurston-Mason Ombuds Services:

[Thurston Mason Ombuds – Donna Kelly](#)
Thurston County Public Health & Social Services Dept.
412 Lilly Road,
Olympia, WA 98506
Work Phone: 360-867-2556 or 800-658-4105
Email: ombuds@co.thurston.wa.us

Authorized Community Mental Health Agencies:

[Behavioral Health Resources](#)

3857 Martin Way E
Olympia, WA 98506
360-704-7170 or 1-800-825-4820
Shelton Office: 360-426-1696
Alternative languages available: ASL, Cantonese, French, German, Spanish and Vietnamese

Capital Recovery Center
572 Franklin St. S.E.
Olympia, WA 98501

Mailing Address:

PO BOX 14939
Tumwater, WA 98511
(360) 357-2582

Providence St. Peter Hospital Outpatient Services (Older Adult)
413 Lilly Rd NE
Olympia, WA 98506
360-493-7809

Evaluation & Treatment Facility

3436 Mary Elder Rd NE



Olympia, WA 98506
360-528-2590

[Sea Mar Community Health Center](#)

409 Custer Way, Suite D
Tumwater, WA 98501
360-570-8258 or 360-704-7590

Alternative languages available: Spanish

[Catholic Community Services Family Preservation](#) – Wrap Around Services ONLY

148 N.W. Rogers St.
Olympia, WA 98506
360-878-8248 or 888-322-7156

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Timberlands RSN

Lewis, Pacific and Wahkiakum Counties

PO Box 217
Cathlamet, WA 98612-0217
Toll Free: 1-800-392-6298
Public Phone: 360-795-3118
[Ombuds Services](#): 1-866-439-3064

24-Hour Crisis Lines:

Lewis County: 1-800-559-6696
Pacific County: 1-800-884-2298
Wahkiakum County: 1-800-635-5989

[Timberlands RSN Web Site](#)

Authorized Community Mental Health Agencies

Cascade Mental Health Care

135 W. Main
Chehalis, WA 98532-0378 (360) 748-6696/1-800-559-6696

2428 Reynolds Avenue
Centralia, WA 98531 360-330-9044/1-800-559-6696
(Child & Adolescent Program)

[Theresa Mahar](#)

Timberlands Ombuds
Toll Free: 1-866 439-3064
Email: theresamahar@msn.com



Community Plan

Wahkiakum County Mental Health Services 360-795-8630/1-800-635-5989
42 Elochoman Valley Road
Cathlamet, WA 98612-9602

Willapa Behavioral Health

300 Ocean Avenue
Raymond, WA 98586 360-942-2303/1-800-884-2298

2204 North Pacific Hwy
Long Beach, WA 98631 360-642-3787/1-800-884-2298