



Is it an emergency?

¿Se trata de una emergencia?



UnitedHealthcare®

Community Plan

no, it is not an emergency

**SEE YOUR
PRIMARY
CARE
PHYSICIAN**

not an emergency, but still needs attention now

**GO TO AN URGENT
CARE CENTER**

Visit an urgent care center if you have any of these minor problems or when you are unable to see your doctor:

- The name, address and phone number of your doctor is on your new ID card. That is your medical home.
- See your doctor for anything that isn't an emergency. This can include sickness and injuries or vaccinations.
- Your doctor knows your medical history and can give you care that is best for you.
- Check with your doctor to see if they have evening or other hours.

- allergies
- sprains or strain
- headache
- bladder infection
- sinus infection
- sore throat
- minor cuts
- bruises
- ear pain
- rash
- fever
- minor burns
- cough or cold

For a list of urgent care centers, call Member Services at **1-800-414-9025 (TTY 711)**.

yes, it is an emergency

GO TO A HOSPITAL EMERGENCY ROOM

An emergency is a sickness or injury that will harm you if not treated fast.

In a life-threatening emergency, dial **911** immediately. Examples of emergencies include:

- signs of a heart attack or stroke
- bleeding that won't stop
- bad burns
- losing consciousness
- having trouble breathing
- feeling like you might hurt someone
- severe allergic reaction

If you visit the emergency room, call your doctor as soon as you can after your visit so you can get follow-up care.