

One size DOES NOT fit all

MAKING A PLAN FOR ADHD TREATMENT

Has your child recently been diagnosed with attention deficit hyperactivity disorder (ADHD)? Is your child taking medicine for ADHD? If so, it is important to make and keep appointments with his or her doctor. A “one-size-fits-all” plan does not work for children with ADHD. What works for one child may not work for another. You, your child, and the doctor should talk about it and make a plan for treatment.

If your child takes medicine, he or she must be seen by the doctor to make sure that the medication and dose is working. This will happen in a “follow-up” visit.

Be sure to schedule the first follow-up visit with the doctor within 30 days after starting ADHD medication.

Why is this visit important? It helps the doctor see if the medicine is helping or if your child may be experiencing any serious side effects from the medications. Seeing the doctor in the first 30 days will help get your child’s treatment off to the right start.

October is ADHD awareness month. UHCCP would like to give you a tool-kit to help you talk to the doctor about your child’s ADHD. You can find this toolkit under Behavioral Health Resources - Education at the link below.

<http://www.uhccommunityplan.com/tn/medicaid/community-plan/member-information.html>

Source: National Institute of Mental Health (www.nimh.nih.gov);
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