



Marijuana Can Harm Your Baby

Did you know?

Marijuana can be dangerous to your baby. Marijuana can cut off the oxygen and nutrition to your unborn baby. This can affect your baby's growth before and after being born. Marijuana crosses into the womb and can be found in the newborn's body after using just one time. The use of marijuana can also cause early labor, serious health problems, and even the death of your baby.

Marijuana can harm your baby in many other ways:

- Addiction to marijuana
- Problems with withdrawal
- Not able to sleep well
- Shaking and long periods of crying
- Trouble breathing

Young children of mothers who use marijuana during pregnancy are more likely to have:

- Poor memory
- Speech problems
- Difficulty calming down

Older children of mothers who used marijuana during pregnancy are more likely to:

- Be easily distracted in school
- Be hyperactive
- Have problems following directions
- Have learning difficulties
- Have behavior problems throughout their lives



Don't wait! Talk to your doctor or midwife today.

He or she can help make the right treatment recommendations. You can help decide what is best for you and your baby.

Tell your doctor or midwife:

- If you use marijuana and when
- How often and how much marijuana you use



Questions?

As a member of UnitedHealthcare Community Plan, we care about the health and well-being of you and your baby. Please get in touch with us today, we want to help you.

Call Member Services toll-free at **1-800-318-8821, TTY 711**, 8 a.m. to 7 p.m. ET, Monday through Friday. Members may also call our Special Needs Unit at **1-800-460-5689**.

Or visit myuhc.com/CommunityPlan

*If you are not a member of UnitedHealthcare Community Plan, please call the Public Behavioral Health System at **1-800-888-1965**, 24 hours a day, 7 days a week.*

Treatment is available.

Call the Public Behavioral Health System at 1-800-888-1965, 24-hours a day, 7 days a week.

The staff is trained to handle your call and will help you get the services you need.



UnitedHealthcare works with the state of Maryland to help families and adults with limited incomes get health insurance. We offer health coverage to beneficiaries of Maryland's HealthChoice program. The HealthChoice program is a program of the Maryland Department of Health. Health plan coverage provided by UnitedHealthcare of the Mid-Atlantic, Inc.