

## Paying for your health care coverage

As a Healthy Michigan Plan member, you will help pay for your health care coverage. Here's information about keeping track of and paying for your costs.

### Keeping track of your costs

The *MI Health Account* helps you keep track of your health care costs.

We will send you a statement every 3 months. Here's what it tells you:

- What you have paid
- What your health plan paid
- What you still need to pay
- How to pay, if you owe

Watch for these statements in the mail, and be sure to read them carefully.

### Paying for your coverage

You will help pay for your coverage with **co-pays** and **contributions**. Here's how they work:

#### Co-pays

Co-pays through the *MI Health Account* work like this:

1. The *MI Health Account* keeps track of your services and co-pays for 3 months.
2. We send you a statement that shows services and co-pays you had for those 3 months. The statement tells you what to pay into the *MI Health Account* each month for the next 3 months.
3. Every 3 months, we will update you on what you need to pay.

You may have to pay co-pays at your doctor or pharmacy visits for services not covered through this account. Remember, not all services have co-pays. For example, there are no co-pays for preventive care or for some services and medicines that help you control a chronic disease. Some members may not have to pay co-pays at all, such as members under 21, Native Americans, or Alaska Natives.

#### Contributions

Based on your income, you may have to pay a contribution into the *MI Health Account* starting 6 months after you join a health plan. Your first statement will tell you if you must pay a contribution and how much it will be. The contribution for one person will not be more than \$25 a month. You can go to [www.healthymichiganplan.org](http://www.healthymichiganplan.org) to see what your contribution might be.

### Tips for taking care of yourself and paying less in health care costs

Here are a few things you can do to take care of yourself that may lower your health care costs:

- See your doctor for a checkup.
- Get all your recommended health screenings.
- Do a *Health Risk Assessment* with your doctor. Your health plan will tell you how.

You could earn a reward by making healthy choices!



**Questions?** Call the Beneficiary Help Line at 1-800-642-3195 (TTY: 1-866-501-5656).

You can call Monday through Friday, 8 am to 7 pm. The call is free. Si necesita ayuda para traducir o entender este texto, por favor llame al telefono 1-800-642-3195 (TTY: 1-866-501-5656).

إذا كان لديكم أي سؤال، يرجى الإتصال بخط المساعدة على الرقم المجاني ١-٨٠٠-٦٤٢-٣١٩٥