



Benefits at a Glance

The following is a list of benefits, services and limitations. Please see your Member Handbook for more information on your benefits. **This list does not show all of your covered benefits. For more information, please call Member Services at 1-800-464-9484, TTY: 711.**

Note: If you are an HCBS Waiver member, you also receive additional services. Please see page 49 of the Home and Community Based Services (HCBS) Waiver and Long Term Services and Supports (LTSS) Member Handbook.

	Medicaid	Iowa Wellness Plan	Family Planning
Services	Covered = ✓	Covered = ✓	Covered = ✓
1915(C) home- and community-based services	✓		
1915(I) habilitation services	✓		
Abortions	✓ Must meet state and federal requirements.	✓ Must meet state and federal requirements.	
Allergy testing and injections	✓	✓	



	Medicaid	Iowa Wellness Plan	Family Planning
Services	Covered = ✓	Covered = ✓	Covered = ✓
Anesthesia	✓	✓	✓ Family-planning related only.
(b)(3) services (intensive psychiatric rehabilitation, community support services, peer support, residential substance use treatment)	✓		
Bariatric surgery for morbid obesity	✓		
Behavioral health intervention services (including applied behavior analysis)	✓		
Breast reconstruction	✓	✓	
Cardiac rehabilitation	✓	✓	
Certified midwife services	✓	✓	
Chemotherapy	✓	✓	
Chiropractic care	✓	✓	
Colorectal cancer screening	✓	✓	
Diabetes equipment and supplies	✓ Limitations may apply.	✓ Limitations may apply.	
Diabetic self-management training	✓	✓	

	Medicaid	Iowa Wellness Plan	Family Planning
Services	Covered = ✓	Covered = ✓	Covered = ✓
Diagnostic genetic testing	✓ Limitations may apply.	✓ Limitations may apply.	
Dialysis	✓	✓	
Durable medical equipment and supplies	✓ Limitations may apply.	✓ Limitations may apply.	
Early and Periodic Screening, Diagnostic and Treatment (EPSDT)	✓	✓ Covered for ages 19 – 20.	
Private duty nursing/ personal cares (EPSDT homecare benefit)	✓	✓ Covered for ages 19 – 20.	
Emergency medical transportation	✓	✓	
Emergency room services	✓ Non-emergent visits will be subject to a \$3 copay.	✓ Non-emergent visits will be subject to a \$8 copay.	
Family planning-related services and supplies	✓	✓	✓
Foot care	✓	✓ Must be related to a medical condition. Routine services are not covered.	
Genetic counseling	✓ Limitations may apply	✓ Limitations may apply.	

	Medicaid	Iowa Wellness Plan	Family Planning
Services	Covered = ✓	Covered = ✓	Covered = ✓
Gynecological exam	✓	✓ 1 visit per year covered.	
Hearing aids	✓	✓ Covered for ages 19 – 20.	
Hearing exams	✓ 1 hearing exam per year covered.	✓ 1 hearing exam per year covered.	
Home health services (home health aide, PT, OT, ST)	✓ Limitations may apply.	✓ Limitations may apply. Private duty nursing and personal care are not covered except for ages 19 – 20.	
Hospice	✓ Limitations may apply.	✓ Limitations may apply.	
Hospital inpatient services	✓	✓	✓ Family-planning related only.
Immunizations (shots)	✓	✓ Travel immunizations are not covered.	
Injections (physician's office and hospital)	✓	✓	
Intermediate Care Facility for individuals with Intellectual Disabilities (ICF/ID)	✓ Limitations may apply.		

	Medicaid	Iowa Wellness Plan	Family Planning
Services	Covered = ✓	Covered = ✓	Covered = ✓
Lab tests	✓	✓	✓ Limited to lab tests done during initial family planning visit for contraception.
Maternity and pregnancy services	✓	✓	
Mental/behavioral health inpatient treatment	✓	✓	
Mental/behavioral health outpatient treatment	✓	✓	
Newborn child coverage	✓	✓	
Nonemergency medical transportation	✓	✓ Value Added Benefit.	✓ Value Added Benefit.
Organ/bone marrow transplants	✓	✓	
Orthotics	✓ Limitations may apply.	✓ Limitations may apply.	
Outpatient surgery	✓	✓	
Outpatient therapy (physical, occupational, speech)	✓ Limitations may apply.	✓ Limitations may apply.	
Oxygen therapy (inhalation therapy)	✓ Limitations may apply.	✓ Limitations may apply.	

	Medicaid	Iowa Wellness Plan	Family Planning
Services	Covered = ✓	Covered = ✓	Covered = ✓
Pap smears	✓	✓	✓
Pathology	✓	✓	✓ Family-planning related only.
Pelvic exams	✓	✓	✓
Pharmacy	✓ Limitations may apply. Copay may apply.	✓ Limitations may apply. Copay may apply.	✓ Family-planning related only.
Physician services (office visits, physician emergency room visits, inpatient hospital visits and consultations)	✓	✓	✓ Family-planning related only.
Preventive care	✓	✓ Limited to ACA-required preventive services.	✓ Family-planning related only.
Prostate cancer screening	✓	✓ Limitations may apply.	
Prosthetics	✓ Limitations may apply.	✓ Limitations may apply.	
Psychiatric medical institutions for children (PMIC)	✓		
Pulmonary therapy	✓ Limitations may apply.	✓ Limitations may apply.	

	Medicaid	Iowa Wellness Plan	Family Planning
Services	Covered = ✓	Covered = ✓	Covered = ✓
Radiation therapy	✓	✓	
Reconstructive surgery (non-cosmetic)	✓ Limitations may apply.	✓ Limitations may apply.	
Second surgical option	✓	✓	
Sexually transmitted infection (STI) and sexually transmitted disease (STD) testing	✓	✓	✓
Skilled nursing facility	✓ Limitations may apply.	✓ Limitations may apply.	
Sleep apnea treatment	✓	✓	
Sleep study testing	✓	✓ Limitations may apply.	
Substance use disorder inpatient treatment	✓	✓	
Substance use disorder outpatient treatment	✓	✓	
Temporomandibular joints (TMJ) treatment	✓ Limitations may apply.		
Tobacco cessation	✓	✓	
Urgent care centers/facilities and emergency clinics (non-hospital based)	✓	✓	

	Medicaid	Iowa Wellness Plan	Family Planning
Services	Covered = ✓	Covered = ✓	Covered = ✓
Vision frames and lenses	✓ Limitations may apply.	✓ Covered only following cataract surgery and for ages of 19 – 20.	
Vision services (routine)	✓ 1 visit per year covered.	✓ 1 visit per year covered.	
X-rays procedures such as MRIs, CAT scans and PET scans	✓ Limitations may apply.	✓ Limitations may apply.	

Please note some services require Prior Authorization.

This is not a complete list of benefit limits. If you have questions, please call Member Services at **1-800-464-9484, TTY: 711.**

Website offers 24/7 access to plan details.

Go to myuhc.com/CommunityPlan to sign up for Web access to your account. This secure website keeps all of your health information in one place.

