

UnitedHealthcare's Small Steps™ Program

This summer UnitedHealthcare Community Plan (UHCCP) is helping people make positive changes in their eating habits with the Small Steps Program. Individuals who meet with a participating health care provider will receive a “prescription” for fresh produce. Then at their local farmers market they can then pick up a bag of fresh produce from UHCCP with recipes and food preparation information. To find out more about the program and how we are improving the health of the communities we serve come see us at one of the dates listed below.

Questions? Please contact Andrea Bach at Andrea_Bach@uhc.com.

	Farmers Market Information	Participating Partners	UHCCP 2017 Dates at the Market
	<i>Building healthier communities by encouraging people to take Small Steps.</i>		
1	<p>SPOKANE Emerson-Garfield Farmers Market Friday, 3:00 p.m. to 7:00 p.m. 2310 North Monroe Spokane, WA 99021 (in the parking lot of the Adult Education Center)</p>	<p>*(1) NATIVE Project * (2) Community Health Association of Spokane – Maple St., Market St. *(1) West Central Women, Infants & Children (WIC) *(2) Spokane Regional Health District Women, Infants & Children (WIC) Nutrition Program – College Site, North East Site</p>	<p>7/7, 7/14, 8/11, 8/18, 9/1, 9/8</p>
2	<p>SPOKANE Chewelah Farmers Market Friday, 11:00 a.m. - 3:30 p.m. 800 North Park Street Chewelah, WA 99109 (Northwest Corner of the Chewelah City Park)</p>	<p>*(3) (NE Health WA Health Programs) - Loon Lake Community Health Center, Springdale Community Health Center, Chewelah Community Health Center *(1) Community Health Association of Spokane – North County (Deer Park) *(1) Deer Park Family Care Clinic</p>	<p>7/7, 7/28, 8/18, 8/25, 9/8, 9/15, 9/29</p>



3	<p>SPOKANE Northeast Washington Farmers Market Saturday and Wednesday, 9:00 a.m. to 1:00 p.m. 121 East Astor Ave Colville, WA 99114</p>	<p>* (2) (NE WA Health Programs) Colville Community Health Center and Kettle River Community Health Center</p>	<p>7/1, 7/8, 7/12, 7/19, 7/22, 8/5, 8/12, 8/19, 8/26, 9/2, 9/9, 9/13, 9/23</p>
4	<p>SPOKANE Fairwood Farmers' Market Tuesday, 3:00 p.m. to 7:00 p.m. 319 West Hastings Rd. Spokane, WA 99218</p>	<p>* (1) Rockwood North Clinic (North Country Homes) * (1) Providence Medical Group-Indian Trail * (1) Community Health Association of Spokane - Spokane Urgent Care North * (2) Providence Pediatric North Point, Providence Family Medicine North Point * (2) Spokane Regional Health District Women, Infants & Children (WIC) Nutrition Program – Deer Park Site, North Site</p>	<p>7/11, 7/25, 8/1, 8/8, 8/29, 9/19</p>
5	<p>SPOKANE Spokane Farmers' Market Wednesday and Saturday, 8:00 a.m. to 1:00 p.m. 20 West 5th Ave Spokane, WA 99204 (between Division and Browne)</p>	<p>* (3) Community Health Association of Spokane –Market St., Cheney Health Center, Denny Murphy * (1) Spokane Regional Health District Women, Infants & Children (WIC) Nutrition Program – College Site * (3) Providence Pediatric Associates South, Providence House of Charity Clinic, Internal Medicine South McClellan * (1) Rockwood Main Clinic Pediatrics * (1) Spokane Recovery Café</p>	<p>7/1, 7/15, 7/26, 7/29, 8/5, 8/12, 8/26, 8/30, 9/16, 9/27, 9/30</p>
6	<p>SPOKANE Millwood Farmers' Market Wednesday, 3:00 p.m. to 7:00 p.m. 8910 E. Dalton Spokane Valley, WA 99212</p>	<p>* (2) Community Health Association of Spokane – Valley, Spokane Urgent Care – Valley * (1) Rockwood Clinic Valley * (1) Spokane Regional Health District Women, Infants & Children (WIC) Nutrition Program – Valley site * (1) Providence Family Medicine North Pines</p>	<p>7/5, 7/12, 7/19, 8/2, 8/9, 8/23, 9/6, 9/13</p>



7	<p>SPOKANE Thursday Market in the South Perry District Thursdays, 3:00 p.m. to 7:00 p.m. 924 South Perry Street Spokane, WA 99201</p>	<p>* (1) Community Health Association of Spokane – Perry St * (1) Spokane Regional Health District Women, Infants & Children (WIC) Nutrition Program – East Central Site * (1) Providence Pediatrics Associates South * (1) New Horizon Care Center</p>	7/13, 8/10, 9/7
8	<p>YAKIMA Yakima Farmers' Market Sundays, 9:00 a.m. to 2:00 p.m. 19 South 3rd Street Yakima, WA 98901 (In front of the Capitol Theater)</p>	<p>* (1) Yakima Neighborhood Health Services</p>	7/9, 7/30, 8/6, 8/27, 9/3, 9/17
9	<p>YAKIMA Granger Farmers Market Thursday, 4:00 p.m. to 7:00 p.m. 121 Sunnyside Ave. Granger, WA 98932</p>	<p>* (2) Yakima Neighborhood Health Services at Sunnyside and Granger</p>	7/6, 7/27, 8/10, 8/31, 9/14, 9/28
10	<p>FRANKLIN Pasco Farmers Market Wednesday and Saturday, 8:00 a.m. to 12:00 p.m. S. 4th Ave & W. Columbia St. Pasco, WA 99301</p>	<p>* (1) Tri-Cities Community Health WIC and Providers</p>	Saturday only: 7/1, 7/15, 8/5, 8/26, 9/2, 9/16
11	<p>BENTON Historic Downtown Kennewick Market Thursday, 4:00 p.m. to 7:00 p.m. Corner of W. Kennewick Ave. and Benton St. Kennewick, WA 99336</p>	<p>* (1) Benton Franklin Health District WIC</p>	7/13, 7/20, 7/27, 8/10, 8/17, 8/24, 9/14, 9/21, 9/28
12	<p>SNOHOMISH South Everett Friday Community Farmers Market Fridays, 3:00 p.m. to 7:00 p.m. 1402 SE Everett Mall Way Everett, WA 98208 (Sears south parking lot)</p>	<p>* (2) Community Health Center of Snohomish County including Everett – North and Everett - South clinics * (2) Sea Mar CHC Monroe, Everett * (1) WIC Pregnancy Aid - Silver Lake South Everett * (1) WIC Pregnancy Aid – Monroe</p>	Every Other Friday: 6/23, 7/7, 7/21, 8/4, 8/18, 9/1
13	<p>SNOHOMISH Arlington Farmers Market Saturday, 10:00 a.m. to 3:00 p.m. 200 N. Olympic Ave Arlington, WA 98223</p>	<p>* (1) Community Health Center of Snohomish County * (1) Sea Mar CHC Marysville * (1) WIC Pregnancy Aid- Marysville * (1) WIC Pregnancy Aid- Arlington</p>	Second and Fourth Saturday: 7/8, 7/22, 8/12, 8/26, 9/9, 9/23



14	PIERCE Broadway Farmers Market Thursday, 10:00 a.m. to 3:00 p.m. 901 Broadway Tacoma, WA 98402	*(1) Community Health Care – Hilltop *(1) Sea Mar CHC WIC Tacoma	Last two Thursdays of the month: 6/22, 6/29, 7/20, 7/27, 8/24, 8/31, 9/21, 9/28
15	PIERCE South Tacoma Farmers' Market Sunday, 11:00 a.m. to 3:00 p.m. 3873 South 66th Street Tacoma, WA 98409 (STAR Center)	*(3) Community Health Care - Lakewood, Parkland and Spanaway *(1) Sea Mar CHC WIC University Place	Last two Sundays of the month: 6/18, 6/25, 7/23, 7/30, 8/20, 8/27
16	PIERCE Eastside Farmers' Market Wednesday, 3:00 p.m. to 7:00 p.m. 1708 East 44th St Tacoma, WA 98404	*(1) Community Health Care - Eastside Medical Clinic *(1) Sea Mar CHC Fife WIC	Last two Wednesdays of the month: 6/21, 6/28, 7/19, 7/26, 8/23, 8/30
17	KING Burien Farmers Market Thursday, 11:00 a.m. to 6:00 p.m. 400 SW 152nd Street Burien, WA 98166	*(2) Sea Mar CHC Burien and WIC *(1) Sea Mar CHC South Park WIC *(1) Sea Mar CHC White Center Medical Clinic *(1) Highline Medical Services Organization	Every Thursday 6/15-9/28, except 8/31.
18	KING Columbia City Farmers Market Wednesday, 3:00 p.m. to 7:00 p.m. 37th Ave S & S Edmunds St Seattle, WA 98118	*(1) International Community Health Services – Holly Park Medical & Dental Clinic *(1) International Community Health Services - International District China Town Clinic *(1) Neighborcare Health at Rainer Beach	6/21, 7/26, 8/23, 9/27
19	KING Crossroads Farmers' Market Tuesday, 12:00 p.m. to 6:00 p.m. 15600 NE 8th street Bellevue, WA 98008 (Crossroads shopping center)	*(1) International Community Health Services – Bellevue Medical & Dental Clinic	6/20, 6/27, 8/22, 8/29, 9/5, 9/19, 9/26
20	KING Phinney Farmers Market Friday, 3:30 p.m. to 7:30 p.m. 67 th and Phinney Ave North Seattle, WA 98101	*(1) International Community Health Services – Shoreline	8/11, 8/25, 9/8, 9/15