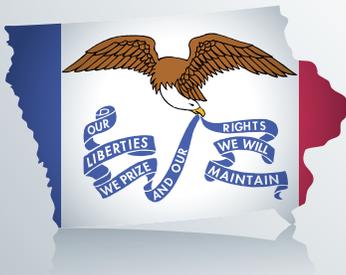




Iowa | Summer 2014

practice**matters**



For More Information

Call our Provider Services Center at **888-650-3462**

Visit **UHCCommunityPlan.com**

Important information for health care professionals and facilities

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Medication Assisted Treatment

Substance use treatment, like the treatment for many chronic medical conditions, such as asthma or hypertension, requires a comprehensive range of effective treatment options.

Medication Assisted Treatment (MAT) *is the use of medications, in addition to counseling, cognitive behavioral therapies, and recovery support services*, to provide a comprehensive approach to the treatment of substance use disorders. MAT has been shown to stabilize physical cravings, as well as control behaviors that may lead to relapse. Improved treatment outcomes associated with this adjunctive approach include: lower treatment drop-out rates, sustained engagement in treatment services and recovery supports.

We believe that every consumer should be educated in the full range of treatment options relevant to their specific needs. MAT may be an important part of care during all phases of treatment and recovery.



If you determine that your patient may be appropriate for these services including: medication therapy, cognitive behavioral therapies and recovery support services, please call the **toll-free Mental Health/Substance Abuse number on the consumer's health insurance card for referral assistance.**



Annual Satisfaction Survey Announcement

Each year, we ask for your participation in our Physician Satisfaction Survey. Our annual survey is an important tool that provides us insights about your experiences in working with us. Your opinions enable us to identify opportunities to enhance our services in alignment with your practice needs.

Beginning in August, we will be sending invitations to participate in our survey to a random sample of UnitedHealthcare Community Plan physicians. Survey invitations will be distributed via fax. If you receive an invitation, we encourage you to take a few minutes to share your opinions with us.

As always, we appreciate your participation.



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Practice Matters is a quarterly publication for physicians and other health care professionals and facilities in the UnitedHealthcare **hawk-i** network.

