

Approaches to Trauma-Informed Care and Services

Please join us for the three-part educational series **Approaches to Trauma-Informed Care and Services**. Each on-demand presentation will address a topic relevant to child welfare. The series, which is available at no cost, is intended for physicians, nurses, behavioral health clinicians and therapists, social workers (all practice types), peer support specialists, foster parents, residential placement staff and others who have an interest in topics relevant to child welfare. Go to optumhealtheducation.com for a list of certifications that have been designated for this educational series.

1. Building Trauma-Informed Services and Supports for Children, Families and Foster Caregivers Involved with the Child Welfare System

Learn about essential elements of trauma-informed care for children, youth and their families and the impact of trauma on child development. This activity will also discuss best practices for building services and supports that strengthen children's relationships with caregiving adults to help foster resilience and well-being.

LEARN MORE: optumhealtheducation.com/trauma-informed-care-2015

2. Psychotropic Medications: Keeping Kids Safe

Trends in psychotropic medication usage among children and youth in foster care has been a growing concern. Learn about the appropriate and inappropriate use of psychotropic medication, the safety and efficacy of these medications, and how their usage relates to behavioral health and child welfare.

LEARN MORE: optumhealtheducation.com/psychotropic-medications-2015

3. A System of Care Approach for the Child Welfare Practitioner Community

Discover the principles of the System of Care approach and how it is designed to improve outcomes and provide access to services and support for children, youth and families. Learn about the framework that ensures collaboration across agencies and families and that actively incorporates the child or youth at the center of treatment planning with the goal of improving the quality of care for children and youth in the foster care system.

LEARN MORE: optumhealtheducation.com/system-of-care-2015



Please direct any questions to
OptumHealth Education at
moreinfo@optumhealtheducation.com.



To learn more about
UnitedHealthcare Community Plan,
please call us at **888-650-3462**.

PROVIDED BY: These activities are jointly provided by
OptumHealth Education and UnitedHealthcare
and UnitedHealthcare Community Plan

No commercial
support was received for these activities.

