

Behavioral Health Resources

The following resources may help physicians and other health care professionals working with UnitedHealthcare Community Plan members who have behavioral health care needs.

Consultation and/or referral services

Bipolar disorder, schizophrenia, depression, and substance use disorders:

American Psychiatric Association Clinical Practice Guidelines:
psychiatry.org/psychiatrists/practice/clinical-practice-guidelines

Attention deficit hyperactivity disorder:

American Academy of Pediatrics: pediatrics.aappublications.org/content/105/5/1158

Common conditions and treatment

Conditions affecting adults:

National Alliance on Mental Illness: nami.org

Substance Abuse and Mental Health Services Administration: samhsa.gov

Information related to sharing substance abuse data:

Substance Abuse Mental Health Service Agency – Applying the Substance Abuse Confidentiality Regulations 42 CFR Part 2. 2011L integration: samhsa.gov/about-us/who-we-are/laws/confidentiality-regulations-faqs

Conditions affecting children and adolescents:

National Federation of Families for Children’s Mental Health: ffcmh.org

Common screening tools

Substance abuse:

Project Cork: projectcork.org/clinical_tools/index.html

Depression:

Pfizer Patient Health Questionnaire: phqscreeners.com

Gambling and gaming resources

Please call the Louisiana Problem Gamblers Helpline at 877-770-7867 to access services offered by the Louisiana Office of Behavioral Health to help treat gambling addiction.

Substance abuse screening and intervention

If a member screens positive for a substance abuse condition, or if you suspect the presence of a substance abuse condition needing further assessment and/or treatment, please call 866-675-1607, (TTY: 711), and follow the prompts for “Provider.”

White House Drug Policy describing the effectiveness of screening, brief intervention and referral to treatment: whitehouse.gov/ondcp/integrating-treatment-and-healthcare

For more information, please visit liveandworkwell.com. If you have questions, please call 866-675-1607 (TTY: 711), 7 a.m. – 7 p.m., Monday-Friday, and follow the prompts for “Provider.”
Thank you.