

2014 Clinical Practice Guidelines

UnitedHealthcare Community and State recommends the following non-preventive clinical practice guidelines to help practitioners and members make decisions about appropriate health care for specific clinical circumstances.

ASTHMA

2007 National Asthma Education and Prevention Program Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma

<http://www.nhlbi.nih.gov/guidelines/asthma/index.htm>

GINA Report, Global Strategy for Asthma Management and Prevention. Updated May 2014 <http://www.ginasthma.org/>

Global Initiative for Asthma, Pocket Guide for Asthma Management and Prevention (for Adults and Children Older than 5 Years). A Pocket Guide for Physicians and Nurses. Updated 2012 (2014 Update to follow) <http://www.ginasthma.org/>

CHRONIC OBSTRUCTIVE LUNG DISEASE

Global Strategy for Diagnosis, Management, and Prevention of COPD Updated January 2014 <http://www.goldcopd.com/>

CORONARY ARTERY DISEASE

AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update: A Guideline From the American Heart Association and American College of Cardiology Foundation. Sidney C. Smith, Jr, MD et al

<http://203.212.5.219/cheart2010/fujian/2011secondaryprevention.pdf>

Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women—2011 Update. A Guideline From the American Heart Association. Executive Writing Committee Lori Mosca, MD, MPH, PhD, FAHA, Chair, et. al.

<http://circ.ahajournals.org/content/123/11/1243.full.pdf>

DIABETES

Standards of Medical Care in Diabetes—2014. Position Statement, Summary of Revisions and Executive Summary. American Diabetes Association, Diabetes Care, January 1, 2014 vol.37 no. Supplement 1 S14-S80

http://care.diabetesjournals.org/content/37/Supplement_1/S14.extract

HEART FAILURE

2013 ACC/AHA Guideline for the Management of Heart Failure. A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. *J Am Coll Cardiol.* 2013;62(16):e147-e239. doi:10.1016/j.jacc.2013.05.019

<http://content.onlinejacc.org/article.aspx?articleid=1695825>

MATERNITY

American College of Obstetrics and Gynecology, American Academy of Pediatrics. Guidelines for Perinatal Care, Seventh Edition. 2012

Web site is not publically available. The following site requires log on and password.

<http://www.acog.org/Resources And Publications>

Evidence- Based Prenatal Care: Part I. General Prenatal Care and Counseling Issues. American Family Physician. 2005 Apr 1; 71(7):1264, 1266. Kirkham, C., Harris, S., & Grzybowski, S.

<http://www.aafp.org/afp/20050401/1307.html>

Revised Recommendations for HIV Testing of Adults, Adolescents, and Pregnant Women in Health-Care Settings. Prepared by Bernard M. Branson, MD, et. al. MMWR. September 2006

<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5514a1.htm>

Smoking cessation during Pregnancy. Committee on Health Care for Underserved Women Committee on Obstetric Practice. Number 471, November 2010. Reaffirmed 2012

<http://www.acog.org/~media/Committee%20Opinions/Committee%20on%20Health%20Care%20for%20Underserved%20Women/co471.ashx?dmc=1&ts=20120207T1638451480>

Opioid Abuse, Dependence, and Addiction in Pregnancy, American College of Obstetrics and Gynecology, Committee on Health Care for Underserved Women and the American Society of Addiction Medicine Number 524, May 2012

<http://www.acog.org/Resources And Publications/Committee Opinions/Committee on Health Care for Underserved Women/Opioid Abuse Dependence and Addiction in Pregnancy>

Neonatal Abstinence Syndrome (NAS)

Neonatal Abstinence Syndrome (NAS) Background Information and Reporting. Tennessee Department of Health

<http://health.tn.gov/MCH/NAS/>

Clinical Report Neonatal Drug Withdrawal. Published online January 30, 2012. Pediatrics Vol. 129 No. 2 February 1, 2012 pp. e540 -e560 (doi: 10.1542/peds.2011-3212)

<http://pediatrics.aappublications.org/content/129/2/e540.full>

OBESITY

Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report. Sarah E. Barlow and the Expert Committee. Pediatrics 2007; 120; S164-S192 DOI: 10.1542/peds.2007-2329C

<http://www.pediatrics.org/cgi/content/full/120/Supplement 4/S164>

Adoption of Body Mass Index Guidelines for Screening and Counseling In Pediatric Practice. Jonathan D. Klein, et al. *Pediatrics* 2010;125;265; originally published online January 18, 2010; DOI: 10.1542/Pediatrics Vol. 125 No. 2 February 1, 2010 pp. 265 -272 (doi: 10.1542/peds.2008-2985) <http://pediatrics.aappublications.org/content/125/2/265.full.pdf+html?sid=ebc1a9e4-434f-4dff-a07e-1e61c1a68c1a>

2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society. Michael D. Jensen, Donna H. Ryan, Caroline M. Apovian, Jamy D. Ard, Anthony G. Comuzzie, Karen A. Donato, Frank B. Hu, Van S. Hubbard, John M. Jakicic, Robert F. Kushner, Catherine M. Loria, Barbara E. Millen, Cathy A. Nonas, F. Xavier Pi-Sunyer, June Stevens, Victor J. Stevens, Thomas A. Wadden, Bruce M. Wolfe and Susan Z. Yanovski. Published online before print November 12, 2013, doi: 10.1161/01.cir.0000437739.71477.ee <http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee>

BIPOLAR

Guideline Watch (November 2005): Practice Guideline for the Treatment of Patients with Bipolar Disorder, 2nd Edition

Guideline Watch – November 2005

<http://www.psychiatryonline.com/content.aspx?aid=148430>

DEPRESSION

American Psychiatric Association Practice Guideline + Resources for: Treatment of Patients with Major Depressive Disorder, Third Edition. November, 2010

<http://psychiatryonline.org/guidelines.aspx>

SCHIZOPHRENIA

Guideline Watch (September 2009): Practice Guideline for the Treatment of Patients with Schizophrenia

Guideline Watch – September 2009

<http://psychiatryonline.org/content.aspx?bookid=28§ionid=1682213>

ADHD

Practice Parameter for the Assessment and Treatment of Children, Adolescents and Adults with Attention Deficit Hyperactivity Disorder. July 2007;46(7):894Y921.

http://dss.mo.gov/mhd/cs/psych/pdf/jaacap_adhd2007.pdf

ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents. Subcommittee on Attention-Deficit/Hyperactivity Disorder, Steering Committee on Quality Improvement and Management. *Pediatrics* 2011;128;1007; originally published online October 16, 2011

<http://pediatrics.aappublications.org/content/128/5/1007.full.pdf+html?sid=b0494178-3ef7-49d1-a52f-2482e73283c2>

Chronic Kidney Disease

Kidney Disease: Improving Global Outcomes (KDIGO) CKDWork Group. KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. *Kidney inter., Suppl.* 2013; 3: 1-150.

<http://kdigo.org/home/guidelines/ckd-evaluation-management/>

Human Immuno-deficiency Virus (HIV)

Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America. Judith A. Aberg¹, Joel E. Gallant^{2,3}, Khalil G. Ghanem³, Patricia Emmanuel⁴, Barry S. Zingman⁵, and Michael A. Horberg⁶. *Clin Infect Dis.* (2013) doi: 10.1093/cid/cit665 First published online: November 13, 2013

<http://cid.oxfordjournals.org/content/early/2013/11/12/cid.cit665.full>

Pain Management

Use of Opioids for the Treatment of Chronic Pain. A statement from the American Academy of Pain Medicine *March, 2013*

http://www.painmed.org/Library/Clinical_Guidelines.aspx

Sickle Cell Disease

The Management of Sickle Cell Disease, 4th Edition National Heart, Lung, and Blood Institute (NHLBI)

http://www.nhlbi.nih.gov/health/prof/blood/sickle/sc_mngt.pdf

2014 Preventive Guidelines

United Healthcare Community and State recommends the following preventive guidelines to help practitioners and members make decisions about appropriate health care regarding preventive services.

Preventive Health Services for Adults

Agency for Healthcare Research and Quality and the U.S. Preventive Services Task Force's Recommendations.

<http://www.uspreventiveservicestaskforce.org/recommendations.htm>

Preventive Health Services/Immunizations for Adults

Department of Health and Human Services • Centers for Disease Control and Prevention. 2014 Recommended Adult Immunization Schedule

<http://www.cdc.gov/vaccines/schedules/hcp/adult.html>

Preventive Health Services/Immunizations for Children

Department of Health and Human Services • Centers for Disease Control and Prevention. 2014 Recommended Child Immunization Schedule for those 0 – 18 yrs

<http://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>

Preventive Health Services for Children

Bright Futures and American Academy of Pediatrics. Recommendations for Preventive Pediatric Health Care.

http://www.aap.org/en-us/professional-resources/practice-support/Periodicity/Periodicity%20Schedule_FINAL.pdf

Department of Health and Human Services • Centers for Disease Control and Prevention. CDC
2012 Recommended Immunization Schedule for Persons Aged 7 - 18 Years

<http://www.cdc.gov/vaccines/recs/schedules/downloads/child/7-18yrs-schedule-pr.pdf>

Bright Futures and American Academy of Pediatrics. Recommendations for Preventive Pediatric
Health Care.

<http://brightfutures.aap.org/pdfs/AAP%20Bright%20Futures%20Periodicity%20Sched%20101107.pdf>