

Clinical Practice Guidelines

UnitedHealthcare Community Plan has compiled a list of evidence-based clinical guidelines, and the websites where they can be found, for our quality and health management programs. We respect the expertise of the physicians and other health care professionals in our network and appreciate your help as we work together to offer our members better quality, better health outcomes and better cost.

If you have questions, please contact your Physician Advocate. Or, call the number on the back of the member's ID card. Thank you.

Topic	Guideline	Organization
Acute Myocardial Infarction <i>with</i> ST Elevation	2013 ACC/AHA Guideline for the Management of ST-Elevation Myocardial Infarction	American College of Cardiology/American Heart Association
Acute Myocardial Infarction <i>without</i> ST Elevation	2014 AHA/ACC Guideline for the Management of Patients with Non- ST-Elevation Acute Coronary Syndromes	American Heart Association/ American College of Cardiology
Asthma	2007 National Asthma Education and Prevention Program Expert Panel Report 3 Guidelines for the Diagnosis	National Heart, Lung and Blood Institute
Attention Deficit Hyperactivity Disorder (ADHD)	2007 Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention Deficit Hyperactivity Disorder 2011 ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents	American Academy of Child and Adolescent Psychiatry American Academy of Pediatrics

Bipolar Disorder: Adults	<u>Guideline Watch (November 2005): Practice Guidelines for the Treatment of Patients with Bipolar Disorder, 2nd Edition</u>	American Psychiatric Association
Bipolar Disorder: Children & Adolescents	<u>2007 Practice Parameter for the Assessment and Treatment of Children and Adolescents with Bipolar Disorder</u>	American Academy of Child and Adolescent Psychiatry
Cardiovascular Disease: Prevention in Women	<u>Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women 2011 Update: A Guideline from the American Heart Association</u>	American Heart Association
Cardiovascular Disease: Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease	<u>2011 AHA/ACC Guidelines for Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease</u>	American College of Cardiology/American Heart Association

<p>Cervical Cancer Screening</p>	<p>ACOG Practice Bulletin #157 Cervical Cancer Screening and Prevention</p> <p>How to access the document:</p> <ul style="list-style-type: none"> • Click on above Link • Click on member Login and enter • Username: cpgacog@uhc.com • Password: cpgacog#1 • Click Login • Locate and click Practice and Educational Bulletins • Search by Keyword “Cervical Cancer Screening” <p>Approval requested by Community and State for all customers. To be posted on UHCCommunityPlan.com only.</p> <p>Guidelines for the Prevention and Early Detection of Cervical Cancer</p>	<p>American College of Obstetricians and Gynecologists</p> <p>Note: This guideline is not publically available. A user ID and password are required to access the document via the link provided.</p> <p>*The National Guideline Clearinghouse does not have a synopsis of updated guidelines.</p> <p>American Society for Colposcopy and Cervical Pathology (ASCCP)</p>
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Cholesterol Management	2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults	American College of Cardiology/American Heart Association
Chronic Obstructive Lung Disease (COPD)	2017 Global Strategy for the Diagnosis, Management and Prevention of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)
Depression/ Major Depressive Disorder	Practice Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition	American Psychiatric Association
Diabetes	Standards of Medical Care in Diabetes – 2017	American Diabetes Association
Dietary Guidelines	Dietary Guidelines for Americans, 2015- 2020, Eighth Edition	U.S. Department of Health and Human Services
Heart Failure	2013 ACCF/AHA Guideline for the Management of Heart Failure	American College of Cardiology/American Heart Association
	2016 ACC/AHA/HFSA Focused Update on New Pharmacological Therapy for Heart Failure	

Hemophilia and von Willebrand Disease	Guidelines for the Management of Hemophilia, 2nd Edition	World Federation of Hemophilia
	The Diagnosis, Management and Treatment of von Willebrand Disease: 2007 NHLBI Guidelines	National Heart, Lung & Blood Institute
Human Immuno-deficiency Virus (HIV)	Primary Care Guidelines for the Management of Persons Infected with HIV: 2013 Update	HIV Medicine Association of the Infectious Diseases Society of America
Hyperbilirubinemia in Newborns	American Academy of Pediatrics Clinical Practice Guideline (2004): Management of Hyperbilirubinemia in the Newborn Infant 35 or More Weeks of Gestation	American Academy of Pediatrics
	American Academy of Pediatrics (2009): Hyperbilirubinemia in the Newborn Infant >35 Weeks' Gestation: An Update with Clarifications	American Academy of Pediatrics Note: This guideline update is not publically available. A user ID and password are required to access the document.
Hypertension	2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults: Report from the Panel Members Appointed to the Eighth Joint National Committee (JNC 8)	Panel Members Appointed to the Eighth Joint National Committee (JNC 8) Note: Guideline is freely available, but registration may be required.

<p>Lifestyle Management to Reduce Cardiovascular Risk</p>	<p>2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk</p>	<p>American Heart Association/American College of Cardiology</p>
<p>Obesity</p>	<p>2013 American Heart Association/American College of Cardiology/ The Obesity Society Guideline for the Management of Overweight and Obesity in Adults</p>	<p>American Heart Association/American College of Cardiology/The Obesity Society</p>
	<p>2013 Evidence Report: Managing Overweight and Obesity in Adults</p> <p>Created as a public resource to complement the AHA/ACC/TOS guidelines (see above)</p> <p>Approval requested by Community and State for all customers.</p> <p>To be posted on UHCCommunityPlan.com only</p>	<p>National Heart, Lung and Blood Institute</p>
	<p>American Academy of Pediatrics (AAP) Obesity Portal</p> <p>Approval requested by Community and State for all customers.</p> <p>To be posted on UHCCommunityPlan.com only</p>	<p>American Academy of Pediatrics Institute for Healthy Childhood Weight</p>

Perinatal Care	<p>Guidelines for Perinatal Care, 7th Edition</p> <p>Approval requested by Community and State for all customers. To be posted on UHCCommunityPlan.com only.</p> <p>Providers and Members Download Adobe Digital Editions. Once downloaded, access the 83.EB156 Guidelines for Perinatal Care, 7th Edition eBook Link.</p> <p>*UnitedHealthcare employees will need to contact the Business Segment Liaison and obtain Adobe Digital Editions. Once downloaded, click on above link to access.</p>	<p>American Academy of Pediatrics and American College of Obstetricians and Gynecologists</p> <p>Note: This resource is not publically available.</p>
	<p>Society for Maternal Fetal Medicine (SMFM) Clinical Guidelines</p> <p>Approval requested by Community and State for all customers.</p> <p>To be posted on UHCCommunityPlan.com only.</p>	<p>Alternatively, the book can be purchased from the American Academy of Pediatrics website.</p> <p>Society for Maternal Fetal Medicine</p> <p>Guidelines are searchable by topic</p>
Physical Activity	<p>2008 Physical Activity Guidelines for Americans</p> <p>Approval requested by OptumHealth</p>	<p>U.S. Department of Health and Human Services</p>

<p>Preventive Pediatric Health Care Screening</p>	<p>2017 Recommendations for Preventive Pediatric Health Care</p> <p>If you experience a script error with this URL, click No and close out of dialog box.</p> <p>Approval requested by Community and State. Document needed for New Mexico market requirements for visit periodicity per Bright Futures guideline</p> <p>To be posted on the UHCCommunityPlan.com only.</p>	<p>American Academy of Pediatrics</p>
<p>Preventive Services</p>	<p>Guide to Clinical Preventive Services, 2014: Recommendations of the U.S. Preventive Services Task Force</p>	<p>Agency for Healthcare Research and Quality</p>
<p>Schizophrenia</p>	<p>Practice Guideline for the Treatment of Patients with Schizophrenia, 2nd edition (2004)</p> <p>Guideline Watch (September 2009)</p>	<p>American Psychiatric Association</p>
<p>Sickle Cell Disease</p>	<p>Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014</p>	<p>National Heart, Lung and Blood Institute</p>
<p>Spinal Stenosis</p>	<p>2011 Evidence-Based Clinical Guidelines for Multidisciplinary Spine Care: Diagnosis and Treatment of Degenerative Lumbar Spinal Stenosis</p>	<p>North American Spine Society</p>

Stable Ischemic Heart Disease	2012 Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease	American College of Cardiology/American Heart Association et al.
	2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update of the Guideline for the Diagnosis and Management of Patients with Stable Ischemic Heart Disease	
Substance Use Disorders	Practice Guideline for the Treatment of Patients with Substance Use Disorders, 2nd edition (2006)	American Psychiatric Association
	Guideline Watch (April 2007)	
Tobacco Use	Treating Tobacco Use and Dependence: 2008 Update Approval requested by Optum Behavioral Health.	U.S. Department of Health and Human Services
	Supplement: Corrections and Additions to the 2008 Guideline Update	