

## **Behavioral Health Quick Reference Guide**

This reference guide includes resources to help identify UnitedHealthcare Community Plan members who may need behavioral health services.

### **Clinical Practice Guidelines (CPGs)**

[American Psychiatric Association Practice Guidelines](#) (including Bipolar Disorder, Major Depressive Disorder, Schizophrenia and Substance Use Disorders)

[American Academy of Child & Adolescent Psychiatry](#) (including Autism and Attention Deficit Hyperactivity Disorder)

### **Screening Tools**

[Substance Use Disorders](#)

[Patient Health Questionnaire \(PHQ\) Screeners](#) (including anxiety and depression)

[Columbia-Suicide Severity Rating Scale \(C-SSRS\)](#)

[Children with Special Health Care Needs \(CSHCN\) Screener](#)

If a member screens positive for a mental health or substance use condition, or you suspect a mental health and/or substance use condition needs further assessment and/or treatment, please call **866-573-2458**.

### **Behavioral Health Conditions – Adults**

[Substance Abuse and Mental Health Services Administration](#)

[National Alliance on Mental Illness](#)

[New Mexico Behavioral Health Resources](#)

### **Behavioral Health Conditions – Children and Adolescents**

[National Federation of Families for Children's Mental Health](#)

### **Additional Resources**

Reimbursement is available for care providers who perform substance use screening and brief intervention, also known as screening, brief intervention, referral, and treatment. You should use the following evaluation and management CPT and HCPCS codes:

- CPT codes - 99408 and 99409
- HCPCS codes - H0049, H0050, G0396, and G0397

The SAMHSA-HRSA Center for Integrated Health Solutions has more information about [screening, brief intervention and referral to treatment](#).