



Additions to Healthy Kids Preventive Health Schedule, Effective Jan. 1, 2018

The Maryland Department of Health updated the requirements for the 2018 Healthy Kids Preventive Health Schedule, effective Jan. 1, 2018. The Healthy Kids/Early and Periodic Screening, Diagnostic and Treatment (EPSDT) program provides access to quality health care for young Medicaid recipients. To help make sure you're meeting the screening and testing requirements, you can find the most current schedule at mmcp.health.maryland.gov > [EPSDT](#) > [Maryland Health Kids Preventive Health Schedule](#).

Guideline Updates

The Preventive Health Schedule should be used for members up to age 21. While we recommend reviewing the entire schedule, here are a few highlights:

- **Maternal Depression Screening:** A maternal post-partum screening for depression is now required as part of the baby's 1, 2, 4 and 6-month well-child examinations.
- **Tuberculosis Risk Assessment:** The assessment must be completed at 1, 6 and 12 months, and then annually starting at 36 months. The 6-month assessment is a new requirement.
- **HIV Lab Test:** One HIV lab test is now required between ages 15 and 18.
- **Fluoride Varnish:** Fluoride varnish application should begin at 9 months old and continue through age five. The varnish can be applied in the primary care or dental office.

Supporting Preventive Care

To help support your efforts in providing preventive care to our members, we can:

- Provide reminder calls to the parent/guardian of the members who have not received EPSDT services
- Mail annual letters focusing on preventive services
- Call your patients and schedule appointments, as requested
- Coordinate patient transportation to and from scheduled appointments for approved office visits
- Help you coordinate services:
 - Special Needs Coordinator: 443-896-9081
 - Rare and Expensive Medicine Coordinator: 443-896-9080
 - HIV Coordinator: 443-896-9082
 - Maternal Child Health Program Coordinator: 443-896-0392
 - Healthy First Steps Referral: 800-599-5985

We're Here to Help

If you have questions or need help getting access to our preventive care resources, please contact Provider Services at 877-842-3210. Thank you.