



### **Sleep Cycle Support Transitioning to Enhanced Care Services**

Sleep cycle support services is transitioning to a new name: Enhanced Care Services (ECS). Only the name is changing. Program guidelines and billing codes remain the same.

ECS offers supervision and non-nursing physical assistance to qualified members during their normal sleeping hours in their place of residence. Services may include supervision or physical assistance with tasks such as toileting, transferring to and from a wheelchair, mobility and medication reminders. ECS providers are also responsible for contacting a doctor, hospital or medical professional in the event of an emergency.

As a reminder, these services can be authorized within a 24-hour period for members who have an assessed need for at least six hours of sleep support that cannot be met by the use of personal emergency response services (PERS), informal support or other services.

If you have questions, please call 877-542-9235. Thank you.