



Periodicity of Dental Services for Children				
Service	0-12 mos.	13-24 mos.	2-6 yrs.	7-20 yrs.
Oral Exam	x	x	x	x
Fluoride Supplements	x	x	x	x
Fluoride Varnish	x	x	x	
Cleaning with Fluoride		x	x	x
Sealants (permanent teeth)				x
X-Rays			x	x
Oral Hygiene Instructions	x	x	x	x
Dental Treatment	x	x	x	x

What To Do For Your Child’s Smile!

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

Insurance Information

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

HMO Contact Information

HMO	Member Services Phone #	Website Address
UnitedHealthcare Community Plan (UHCCP)	1-800-941-4647	www.uhccommunityplan.com

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



*A LIST OF DENTISTS WHO CAN SEE YOUR YOUNG CHILDREN APPEARS ON THE FOLLOWING PAGE

General Dentistry

Vitaly Friedman, DDS

413 King George Rd Ste 201
Basking Ridge, NJ 07920
(908) 604-5959

Mehrangiz Rostami, DDS

20 N Finley Ave
Basking Ridge, NJ 07920
(908) 696-1588

Samuel V Meghadri, DDS

820 Rte 202 N
Neshanic Station, NJ 08853
(908) 782-4418

Loay Deifallah, DDS

13 Wall St
Raritan, NJ 08869
(908) 725-3451

Syed N Hussain, DMD

1543 Rte 27 Ste 202
Somerset, NJ 08873
(732) 418-5000

Syed F Hussain, DDS

1543 Rte 27 Ste 202
Somerset, NJ 08873
(732) 418-5000

Milad S Issa, DDS

1303 State Route 27 Ste 4
Somerset, NJ 08873
(732) 354-0707

Mita A Shah, DDS

1707 Rt 27 S
Somerset, NJ 08873
(732) 745-9898

Sandeep Kaur, DDS

1260 Lamington Corner Rte 28 Unit 7
Somerville, NJ 08876
(347) 742-7805

Samuel V Meghadri, DDS

15 N Bridge St
Somerville, NJ 08876
(908) 725-0400

Kavitha Narla, DMD

1 E High St
Somerville, NJ 08876
(908) 722-1212

Herawati Kandou, DDS

163 Washington Valley Rd Ste 106
Warren, NJ 07059
(732) 560-5988